

# 24 NOV - 4 DEC // ARMENIA // YEREVAN

# BAJUNIOR WORLD BOCKAMPIONSHIPS

# TEAM DELEGATION HANDBOOK

\* IBA reserves the right to update this handbook as and when required.
\* This Handbook must be read in conjunction with the IBA Technical and Competition Rules.

# UMAR KREMLEV

President, International Boxing Association (IBA)

# **IBA President's Message**

# Greetings to all athletes, coaches, officials, and boxing fans across the globe,

As we gather in the historic city of Yerevan, Armenia, for the IBA Junior World Boxing Championships, I am filled with pride, anticipation, and immense responsibility. This moment has been a long time coming, as it marks the return of an event that has not graced our calendars since 2015.



Boxing, with its rich history and intricate balance of technique, strength, and spirit, serves as a conduit for dreams, ambitions, and the unyielding spirit of competition. To see these young talents put on their gloves, step into the ring, and pour their heart and soul into each punch is a testament not only to their dedication but also to the enduring appeal and relevance of our beloved sport.

The return of the IBA Junior World Boxing Championships is not just an event; it is a declaration. A declaration that the boxing community stands united, resilient, and committed to nurturing the grassroots. The hiatus only amplifies the significance of this championships, as we have learned in these intervening years the importance of continually sowing the seeds for the future of boxing.

Armenia, with its rich boxing heritage, makes for the perfect backdrop for this World Championships' revival. I would like to extend my deepest gratitude to the National Federation and the Organizing committee for their unwavering support and dedication to making this event a grand success.

To all the young boxers, remember this – every round you box, every punch you throw, every sweat you drop, you are not just fighting for a title or a medal. You are fighting for a legacy, for a dream, for a chance to be etched into the boxing history. Embrace this moment, for it is yours.

In closing, I would like to extend my heartfelt thanks to everyone who has played a role in bringing IBA Junior World Boxing Championships back to life. Let the spirit of boxing unite us, inspire us, and drive us forward. Here's to a phenomenal championships, memorable bouts, and the birth of legends.

Sincerely yours, Umar Kremlev President, International Boxing Association (IBA)



# **OHANES OVSEPIAN**

President of the Boxing Federation of Armenia

# Dear Team Delegations, Dear Friends,

It is a great honor for our country and for our federation to once again organize a major sports event in our sunny city Yerevan, which I am sure will provide unforgettable memories to all participants.

The IBA Junior World Boxing Championships Yerevan 2023 will be hosted by the capital of Armenia, Yerevan, which has



Yerevan has already hosted two major boxing championships, one from May 21-31, 2022, EUBC Elite boxing championship, and the other this year, from April 23 to May 4, 2023, the European youth boxing championship, and the satisfaction of the participants will prove the high organizational level of the championships and the warm hospitality of the Armenian people.

This time, we will try to hand in hand hold the high bar of boxing events in Yerevan too. In November, Yerevan will become the capital of boxing, it will breathe boxing, boxing and Olympic ideas will be spread everywhere.

I want to express my deep gratitude to the Government of Armenia for its serious investment in the event and to the International Boxing Association for their daily work, by which it is possible to organize this responsible event at a high level, without their support it will not be.

I conclude my greetings with wishes of good vibes for all boxers, coaches, ITO's, R&J and all others, who will take part in this edition of the IBA Junior World Boxing Championships Yerevan 2023.

During their stay in Armenia in, the team delegation members will enjoy the Armenian hospitality and the warm Armenian autumn.

Wish your boxers good luck and see you soon in Yerevan.







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| Name   | : Olympavan   | 22 |
| Addre  | ss: 51 Anastas Mikoyan St, 0054 Yerevan2  | 22 |
| Distar | ce: Olympavan Hotel   | 22 |
| Name   | OLYMPIC BOXING SCHOOL NAMED AFTER VLADIMIR YENGIBARYAN  | 22 |
| Addre  | ss: 50 Nalbandyan St, 0010, Yerevan 2   | 22 |
| Distar | ice: 0.1 km from the Ani Grand Hotel, 0.5 km to the Ani Plaza Hotel, 1.1 km to the Shirak hotel $2$ | 22 |
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# 1. ORGANISER

Armenian Boxing Federation, affiliated with IBA, has been entrusted with the organization of the IBA Junior Men's and Women's World Boxing Championships, Yerevan, 2023 ("Championships" or ("Event").

# 2. CONTACTS

| Subject                            | E-mail                        |
|------------------------------------|-------------------------------|
| Registrations for Team Delegations | via IBA database              |
| Registrations for Extra Officials  | via IBA Database              |
| Visa & Entry Requirements          | visajwchyerevan2023@gmail.com |
| Competition related                | sport@iba.sport               |
| Press & Media related              | communication@iba.sport       |
| Accommodation                      | jwchyerevan2023@gmail.com     |
| Transport                          | jwchyerevan2023@gmail.com     |
|                                    |                               |

# 3. COMPETITION

#### a. FORMAT

The Championships will be organized based on IBA Technical and Competition Rules.

The thirteen (13) IBA Junior Boys and Girls weight categories will be contested:

|   | JUNIOR BOYS AND GIRLS BOXERS |         |       |
|---|------------------------------|---------|-------|
| # | Weight Category              | over Kg | to Kg |
| 1 | Pin                          | 44      | 46    |
| 2 | Light Fly                    | 46      | 48    |
| 3 | Fly                          | 48      | 50    |
| 4 | Light Bantam                 | 50      | 52    |
| 5 | Bantam                       | 52      | 54    |
| 6 | Feather                      | 54      | 57    |



| 7  | Light        | 57 | 60 |
|----|--------------|----|----|
| 8  | Light Welter | 60 | 63 |
| 9  | Welter       | 63 | 66 |
| 10 | Light Middle | 66 | 70 |
| 11 | Middle       | 70 | 75 |
| 12 | Light Heavy  | 75 | 80 |
| 13 | Heavy        | 80 | -  |

- The Official Draw will be conducted by Sportdata through an electronic draw.
- Two rings will be used until the semi-finals phase.
- Medals will be distributed to the first 4 boxers of each weigh category (1 Gold, 1 Silver, 2 Bronze).
- The Technical Delegate of the event is Dragoljub Radovic.
- The Event will be officiated by IBA International Technical Officials and IBA 3-Star certified Referees and Judges, all appointed by IBA.

# **b. PRIZES**

| MEDALS | PRIZES |
|--------|--------|
| Gold   | ТВС    |
| Silver | ТВС    |
| Bronze | ТВС    |
| Bronze | TBC    |

An athlete must win at least one bout in order to be eligible to earn the designated prize. In the case that only one athlete is present in the category, or he will not be eligible to receive the prize. To avoid doubt:

a. If the athlete has a win by Walkover (WO), and is a medalist, this athlete is entitled to receive a prize.b. If the athlete has a loss and no wins, and is a medalist, this athlete is not entitled to receive the prize.

# c. SPORT ENTRIES CHECK

The Sport Entries Check will take place on November 22<sup>nd</sup>, 2023 full day and November 23<sup>rd</sup>, 2023 in the morning. Teams will be informed of the exact date and time of their appointment during accreditation after arrival. Please make sure to arrive in Yerevan, Armenia until 21<sup>st</sup> November 2023.

Each Team delegation can appoint a maximum of 2 persons to attend the Sport Entries Check. IBA recommends to each team to send the Team Manager and/or the Team Doctor and/or the Head Coach.



Each Team Delegation's representatives will have a 10-minute appointment with IBA Officials to confirm the entry list of their delegation, the spelling of boxers' names, the uniforms, national flag and anthem and to present the official documents listed below to IBA.

#### Your representative(s) must present the following:

- 1. Entry list of the delegation
- 2. Passport of each boxer
- 3. Record Book of each boxer
- 4. Boxer's uniform examples
- 5. Results of Hepatitis B, Hepatitis C and HIV tests, not older than 6 months
- 6. IBA Medical certificates issued within the last 30 days for each boxer
- 7. IBA Fit to Box form (all boxers)
- 8. COVID-19 Declaration of No symptoms Form signed by all team members
- 9. COVID-19 Liability Waiver Form signed by all team members
- 10. Anti-doping consent forms signed by each boxer
- 11. Video consent form signed by team manager/head coach
- 12. IBA General Participation Form
- 13. IBA Code of Conduct
- 14. Declaration of non-pregnancy

#### Nb. All forms are attached to the Team Delegation Handbook

**IMPORTANT**: Please note that the presence of your representative is mandatory. In the event where Team Delegation Representatives do not show-up to the scheduled appointment, the entire Team will be disqualified. **ALL MEDICAL DOCUMENTS MUST BE PRESENTED** 





# 4. EVENT SCHEDULE

| EVENT   | TIME  | PLACE                               |
|---|---|-------------------------------------|
| November 21   |   |                                     |
| Arrivals  | All day   | Teams Hotels                        |
| November 22 – December 4  |   |                                     |
| Accreditation Centers   | 08:00 – 20:00 (Nov 22-23)<br>10:00 – 20:00 (Nov 24 - Dec 4) | Ani Grand Hotel<br>MIKA sport arena |
| November 22   |   |                                     |
| Sport Entries Check – day 1                                       | 09:00 - 12:00<br>13:00 - 18:00                              | Ani Grand Hotel                     |
| November 23   |   |                                     |
| Sport Entries Check – day 2                                       | 08:00 - 11:00   | Ani Grand Hotel                     |
| Technical Meeting   | 15:00 - 16:00   | Ani Grand Hotel                     |
| Official Draw   | 16:00 - 17:30   | Ani Grand Hotel                     |
| Opening Ceremony  | 19:00 – 20:00   | MIKA sport arena                    |
| Welcome Dinner (officials, team<br>representatives – no athletes) | 21:00 - 22:30   | твс                                 |
| November 24 – December 4 (Except Dec                              | cember 2)   |                                     |
| Daily Weigh-in  | 07:00 - 08:00   | Ani Grand Hotel                     |
| November 24 – November 30 (2 rings)                               |   |                                     |
| Preliminaries/Quarterfinals                                       | ТВС<br>ТВС  | MIKA sport arena                    |
| December 1 (2 rings)  |   |                                     |
| Semi Finals   | 13:00 – 16:45<br>18:00 – 21:00                              | MIKA sport arena                    |
| December 2 (change to 1 ring)                                     |   |                                     |
| Rest Day  | All day   |                                     |
| Photoshoot for finals   | твс   | твс                                 |
| December 3 – December 4   |   |                                     |
| Ceremonial Weigh-ins  | 10:00 - 11:00   | твс                                 |
| Finals and Medal Ceremonies                                       | 15:00 onwards   | MIKA sport arena                    |
| December 5  |   |                                     |
| Departures  | All day   |                                     |



# 5. **REGISTRATIONS**

#### a. PARTICIPATING BOXERS

AGE ELIGIBILITY: Boxers born from January 01, 2007 to December 31, 2008.

Each National Federation is invited to register up to one (1) boxer in each weight category, as per IBA Technical and Competition Rules. All registrations need to be done through the IBA database (https://iba-database.sport/nf)

# **b. TEAM OFFICIALS**

Each Team Delegation can have the following number of Team Officials:

- 1 Team Manager
- 1 Team Doctor
- 1 Physiotherapist
- 1 IBA Certified Team Cutman
- Number of coaches according to the table below:
  - o 1–3 Boxers: Up to 3 Coaches
  - o 4–8 Boxers: Up to 6 Coaches
  - o 9 13 Boxers: Up to 8 Coaches
  - o 12 25 Boxers: Up to 10 Coaches

# c. COACHES

Each Boxer will be entitled to be accompanied to the ring by up to three (3) coaches. However, only two

(2) Coaches may mount the apron of the ring and only one (1) may enter the ring.

- Only IBA-certified Coaches (1-star to 3-star) are allowed to work in the Field of Play (FOP)
- One of the 3 coaches can be replaced by an IBA Certified Team Cutman.

If your team does not have any IBA certified coach (1,2 or 3-star), please raise this at the Technical Meeting, so arrangements can be made with another team.



# d. EXTRA TEAM OFFICIALS & NATIONAL FEDERATION REPRESENTATIVES

# **Extra Team Officials**

Any individual who will be at the event in addition to the ones outlined in point 4.b., whom the National Federation (NF) would like to send <u>to work with the team</u>, would be registered as an Extra Team Official.

Extra Team Officials who do not have a direct link with the preparation of the team for the competition will not receive an accreditation.

- Extra Team Officials
  - National Coach of a registered boxer
  - Additional Physiotherapist
  - Additional Doctor
  - Nutritionist

# **NF Representatives**

Any individual attending the event as a representative of the NF, such as:

- NF President
- NF Secretary General
- NF Executive Board Member
- NF President Accompanying Guest
- NF Administrative Staff

Each National Federation can register up to a total of 6 additional persons within the 2 categories named above.

All Extra Team Officials and National Federation Representatives registrations must be done through IBA database in the dedicated section of the event.

In the event where one of your representatives has special security needs (personal security), please make sure to contact the LOC at jwchyerevan2023@gmail.com to arrange access, accreditation and entry into Armenia in accordance with local authorities.

**IMPORTANT:** If you plan to bring more than 6 additional persons, please note that accreditations will not be provided.



# e. PROCESS AND DEADLINES

All registrations for Team Delegations will have to be made through the IBA database (<u>https://iba-database.sport/nf</u>)

Please find the summary below:

| REGISTRATION FOR:                           | DONE BY:   | REGISTRATION PERIOD   |
|---|--|---|
| Boxers                                      | Each national federation<br>through web registration on<br>the database                                    | 6 <sup>th</sup> October registration open<br>until 8 <sup>th</sup> November 2023<br>(23:59 GMT) |
| Teams officials                             | Each national federation<br>through web registration on<br>the database                                    | 6 <sup>th</sup> October registration open<br>until 8 <sup>th</sup> November 2023<br>(23:59 GMT) |
| Extra team officials                        | Each national federation<br>through web registration on<br>the database ("extra-<br>officials"<br>section) | 6 <sup>th</sup> October registration open<br>until 8 <sup>th</sup> November 2023<br>(23:59 GMT) |
| Arrival/Departure time<br>of the delegation | Each national federation<br>through web registration on<br>the database ("travel details"<br>section)      | 10 <sup>th</sup> November 2023<br>(23:59 GMT)   |
| Rooming list                                | Each national federation<br>through web registration on the<br>database ("room request"<br>section)        | 10 <sup>th</sup> November 2023<br>(23:59 GMT)   |



# 6. VISA & ENTRY REQUIREMENTS

The LOC will provide assistance regarding visa, if required.

# a. CONTACTS

For all information, please contact: visajwchyerevan2023@gmail.com

- Mary Ohanyan
- +374 938 111 89 WhatsApp, Viber

#### **b. PROCESS**

The process for obtaining a visa for the Armenia will be as follows:

- Team delegations who need a Visa must immediately request it at the Embassy of the Republic of Armenia/Consulate of their country or to apply for an E-VISA, please visit <u>https://evisa.mfa.am</u>
- For general and more precise information, please have a look at <a href="https://www.mfa.am/en/visa">https://www.mfa.am/en/visa</a>

The deadline to request assistance is **November 8 (23:59 GMT)** 

Subsequently, you will receive an invitation letter which is necessary to request the Visa.

# 7. TRANSPORTATION

#### a. INTERNATIONAL TRANSPORTATION

All travel information related to the Team Delegation must be entered in the IBA Database during the registration and additionally sent to the LOC at <u>iwchyerevan2023@gmail.com</u>.

The airport of arrival and departure will be Zvartnots International Airport.

Deadline to submit arrival and departure information: November 10<sup>th</sup>, 2023 (23:59 GMT)

IBA recognizes that certain unforeseen circumstances or events beyond its control, such as natural disasters, government regulations, health crises, or other emergencies (collectively referred to as "force majeure"), may necessitate the cancellation or postponement of the Event. Additionally, IBA reserves the right to make unilateral decisions to cancel or postpone the Event for various reasons, including but not limited to concerns for the safety and well-being of participants and attendees.



In the event of cancellation or postponement of the Championships, IBA hereby disclaims any responsibility for the reimbursement of transportation costs incurred by boxers and their teams. This includes, but is not limited to, expenses related to flights, accommodations, ground transportation, and any other travel-related costs. Participants and their teams are solely responsible for any and all expenses incurred in connection with attending the Event.

IBA shall not be held liable for any financial or non-financial losses incurred by boxers and their teams due to the cancellation or postponement of the Event, regardless of the reason. This includes, but is not limited to, losses resulting from non-refundable travel bookings, missed opportunities, or any other consequential damages.

By participating in the Event, the boxers and their teams hereby waive any claims against IBA, its affiliates, sponsors, and organizers, and release them from any liability related to transportation costs or any losses incurred due to Event cancellation or postponement.

# **b. LOCAL TRANSPORTATION**

Local transportation will be provided by the organizers:

- To and from Zvartnots International Airport
- To and from the hotel to/from the competition and training venue
- To and from the hotel to/from the Technical meeting and Official Draw
- To and from hotel for Opening Ceremony

# 8. ACCOMMODATION

# a. TEAM DELEGATIONS' HOTELS

Members of Team Delegations and Team Delegations' Staff who have "Extra Team Official" accreditation, such as national coaches, additional doctors/physiotherapists, and nutritionists can stay at the Team Delegations' Hotels.

NIOR WORLD BO

# NF representatives cannot stay at Team Delegations' Hotels.

For all information, please contact:

- Natella Karapetyan
- +374 939 150 99 WhatsApp, Viber
- jwchyerevan2023@gmail.com

# **TEAM DELEGATION HOTEL**

# HOTEL #1

Name: Ani Grand Hotel\*\*\*\*

Address: 65, Hanrapetutyan Street, Yerevan 0010, Armenia Distance: 5.6 km to the competition venue Website: www.anigrandhotelyerevan.com



| Types       | Prices (Full board) / per<br>person |
|-------------|-------------------------------------|
| Single Room | EUR 125                             |
| Double Room | EUR 95                              |





# HOTEL #2

- Name: Ani Plaza Hotel\*\*\*\*
- Address: Sayat-Nova Prospekt 19, 0001 Yerevan, Armenia
- Distance: 6,6 km to the competition venue
- Website: http://anihotel.com





| Types       | Prices (Full board) / per<br>person |
|-------------|-------------------------------------|
| Single Room | EUR 120                             |
| Double Room | EUR 90                              |
| Triple Room | EUR 85                              |





# HOTEL #3

Name: Hotel "Shirak"\*\*\*

Address: Khorenatsi Street 13A, 7010 Yerevan, Armenia

Distance: 5.3 km to the competition venue

Website: www.shirakhotel.am



| Types       | Prices (Full board) / per<br>person |
|-------------|-------------------------------------|
| Single Room | EUR 100                             |
| Double Room | EUR 80                              |
| Triple Room | EUR 70                              |





# HOTEL #4

Name: Hotel Olympavan\*\*\*

- Address: 51 Anastas Mikoyan St, 0054 Yerevan, Armenia
- Distance: 11.8 km to the competition venue
- Website: https://www.facebook.com/hashtag/olympavan



| Types       | Prices (Full board) / per<br>person |
|-------------|-------------------------------------|
| Single Room | EUR 100                             |
| Double Room | EUR 80                              |





# b. VIP HOTEL

The rates will include full board and Wi-Fi and will be as follows.

# HOTEL #1

Name: MULTI GRAND HOTEL\*\*\*\*\*

Address: Yerevan-Abovyan Highway 5, 0010 Yerevan, Armenia Distance: 18.4 km to the competition venue Website: <u>https://multigrandhotel.com</u>



| Types       | Prices per person |
|-------------|-------------------|
| Single Room | EUR 180           |
| Double Room | EUR 120           |

Team Delegations are requested to submit their choice and needs through IBA Database before November 8<sup>th</sup> 2023 (23:59 GMT).





#### c. **PAYMENT CONDITIONS**

All Team Delegations must pay their full room charges as above for the entire Championships Period.

#### Payment options for accommodation:

1. Payment in cash upon arrival to Armenia in Euros.

2. By bank transfer to the bank account:

| Bank Name:                    | CJSC INECOBANK                       |
|-------------------------------|--------------------------------------|
| Bank Address:                 | YEREVAN, TUMANYAN STR. 17, ARMENIA   |
| Beneficary:                   | BOXING FEDERATION OF THE REPUBLIC OF |
|                               | ARMENIA NGO                          |
| Beneficary Address:           | YEREVAN, DAVTASHEN-3 TAGH., VARCH.   |
| Swift code:                   | INJSAM 22                            |
| Beneficary account:           | 2050022604411040                     |
| Intermediary Bank:            | COMMERZBANK AG.                      |
| Intermediary Bank Swift code: | COBADEFF                             |
| Intermediary Bank Address:    | FRANKFURT, GERMANY                   |

P/S: Room keys to be provided after the completion the payment for the entire period of the Championship.





# 9. COMPETITION & TRAINING VENUE

# a. Competition Venue

Name: MIKA sport arena

Address: RA, Yerevan 0006, str. Manandyan 41

Seating Capacity: 1200 seats

# Photos of the venue







# **b. TRAINING VENUE**

Name: Olympavan

Address: 51 Anastas Mikoyan St, 0054 Yerevan **Distance:** Olympavan Hotel



Name: OLYMPIC BOXING SCHOOL NAMED AFTER VLADIMIR YENGIBARYAN Address: 50 Nalbandyan St, 0010, Yerevan Distance: 0.1 km from the Ani Grand Hotel, 0.5 km to the Ani Plaza Hotel, 1.1 km to the Shirak hotel





# **10. ACCREDITATIONS**

# a. FOR TEAM DELEGATION MEMBERS

All Team Delegation members registered for the event through the IBA Database within the deadline will receive their accreditations on-site after the LOC has

approved the accommodation payment.

Accreditations will be given out only upon presentation of a passport, payment of accommodation fees and completion of Sport Entry Check.

#### The Accreditation Center will be located at

Team Hotel – 09:00 – 20:00 (November 22 – November 23) Competition venue - 10:00 – 20:00 (November 24 – December 5)

# **b.** FOR EXTRA TEAM OFFICIALS AND NATIONAL FEDERATION REPRESENTATIVES

Each National Federation can request up to six (6) additional accreditations for its internal needs by filling out the dedicated section in the IBA Database no later than November 8 (23:59 GMT).

# c. FOR MEDIA AND PRESS

#### International media

For accreditation, please contact: Local Media (radio, TV and website with audio/video coverage): For accreditation, please contact: <u>aram-manukyan@mail.ru</u> For International Media: Please contact <u>communication@iba.sport</u>





# **11. TECHNICAL VIDEO RECORDING**

Each National Federation will be allowed to record the bout of their boxers with up to one camera per ring. Two specific locations in the stands will be reserved for these technical areas. Recordings are for technical purposes only and not for public broadcasting, social media included. The access to the two technical video recording areas will be conditioned to the signature of a disclaimer in this regard. You will find it attached at the end of this Handbook. The team manager of each National federation must bring the signed copy to the Sport Entries Check.

# **12. IMAGE RIGHTS**

IBA has appointed an IBA photographer to promote the image of boxers during the World Championships. By participating in the Championships, each Boxer agrees to release their image rights to IBA for promotional purposes.

# **13. DOPING CONTROL**

Anti-doping controls will be conducted in accordance with the IBA Anti-Doping Rules and the World Anti-Doping Code. We want to remind you that according to WADA regulations, from 2016, blood testing may be conducted during IBA Competitions.

TUE must be submitted through the ADAMS system no later than the 31<sup>st</sup> October 2023 (23:59 GMT).

#### **14. MEDICAL CARE**

The LOC will provide medical care and first-aid during the entire Championships Period to any participant who suffers from a sports injury contracted during the Championships.

# **15. INSURANCE**

All participants are requested to get their own travel and medical insurance as the LOC will provide liability insurance for all participants only at the Competition Venue.

# 16. AWARDS

Medals and special awards will be distributed after the last finals ceremony.



# 17. HOST CITY – Yerevan

Armenian Virtual College e-Book - Exploring Yerevan: A Look Inside the City's Past and Present Interactive link: <u>AVC Multimedia e-Book Series eBook#2</u>: Exploring Yerevan A Look Inside the City (joomag.com)

#### Historical background: the capital older than Rome

Yerevan is considered to be one of the oldest constantly inhabited cities in the world. Yerevan emerged as a city around the fortress Erebuni, which was founded in 782 BC by the Urartian King Argishti the First. Erebuni was declared as the citadel of the Kingdom, serving as religious and administrative center, as well as the residence of the Royals, namely the King and his family. But it also had another strategic mission, that of protecting the Kingdom from the attacks of the enemies.

Thus, Yerevan's history is counted from the founding date of Erebuni fortress, because it was the major site around which the current day city developed and flourished. Through the centuries and millenniums, the word Erebuni transformed into Yerevan.

Even though 2805 years of history is astonishing enough, Yerevan's history is much older. Archaeological findings firmly note that early settlements existed in Yerevan in the 4th millenium BC, one of them being the territory of Shengavit (situated in the southern part of current-day Yerevan). Ultimately, Yerevan is older than 2800, even though the official pieces of literature link the birth of the city to the founding of Erebuni fortress.

In 2018, Yerevan celebrated its 2800th birthday. The day (called Erebuni-Yerevan) is a colorful, vibrant and exciting event which annually happens in the second half of October. It hosts many cultural events: national dance shows, concerts of folk, jazz, classical and pop music. Attending any of them is free of charge.

# **Today's Yerevan**

Nowadays, over 1 million people call Yerevan their home. It's a city with historical and cultural heritage and a stylish downtown with some great examples of Soviet-era architecture.

Wandering around Yerevan usually starts from the Opera House, officially called Alexander Spendiaryan Opera and Ballet National Theatre. It's located in the very heart of the city. Most of the main Yerevan sightseeing places are located within walking distance from the Opera House, like Cascade, Republic Square, Museum of Ancient Manuscripts - Matenadaran, Swan Lake, pedestrian Northern Avenue and historical Abovyan street.

# Things to do in Yerevan

# Taking a picture at the Republic Square

The iconic place, the Republic Square, is one of the architectural breakthroughs of not only Armenia, but of the whole world. Constructed partly from Armenia's iconic stone, the pink tufa, and partly from an ivory colored stone, Republic Square represents Yerevan's cultural and administrative center with many of the governmental buildings located there.

Inside the central building of the square one can find the History Museum of Armenia, as well as the National Art Gallery of Armenia. In summer, in front of the Museum, the singing and dancing fountains



work here, while in winter the big Christmas tree is installed. International hotel chains Marriott and Hyatt Place are standing on the central northern part.

The Republic square is also the venue for free open-air concerts, happening on the National Independence day (September, 21) and the New Year Eve. In 2018, the Republic Square got a lot of media coverage in the international press, as it was the main venue for demonstrations during the peaceful, non-violent Velvet Revolution that took place in Armenia in the months of April-May, 2018, thus becoming another reason **why Armenia is a safe travel destination.** The Republic Square thus became the symbol of Democracy.



#### Attending cultural events in the Opera House

The round-form basement of the Opera House amazes tourists visiting Yerevan. It is located near one of the central Mashtots avenues of the city. The National Theatre of Opera and Ballet is named after composer, conductor and founder of Armenian national symphonic music, Alexander Spendiaryan.

The building overlooks many touristic sites, including the France Square, Cascade, North Avenue and Mashtots Avenue. The Opera House is surrounded by the statues of the three geniuses of Armenian culture, Aram Khachaturian (composer and conductor), Hovhannes Tumanyan (the greatest Armenian poet), and Alexander Spendiaryan.

Opera House offers a big choice of cultural events: classical concerts, ballet and other dance performances, official award ceremonies, and festivals.

# Walking up the Cascade stairway and enjoying beautiful views of the city

Cascade is an ensemble of more than 572 stairs constructed from a stone of ivory color. The latter is named so because of its architectural form. The Cascade complex now houses the **Cafesjian Center for the Arts.** The complex consists of several levels of terraces encompassing neatly cared gardens of colorful



flowers as well as modern art exhibitions, featuring sculptors like Fernando Botero, Barry Flanagan, Stanislav Libensky and Jaroslava Brychtova and others. You can either climb up the stairs, or take the elevator made inside the complex. With each level, you come up with a better view of the city center and Mount Ararat.

If you love spending time in cozy terraced cafes with wonderful food and drinks, enjoying the evening air without car engines disturbing your rest, and in the meantime getting aesthetic pleasure from contemporary art statues, you should absolutely visit **Cascade**.



# Getting closer to Mother Armenia statue and enjoy the majestic view of Mount Ararat

While enjoying the beautiful view of the city from Cascade stairs, also get closer to Mother Armenia that symbolically looks over the city and guards it. Located at one of the northern districts of Yerevan, inside the Victory Park, the statue is said to be the female personification of Armenia, embodying peace through strength. The statue itself is 22 meters long, but as it stands on a high pedestal, its total height makes up to around 51 meters.

Even if you do not necessarily find time to go near the statue, make sure you catch a glimpse of Mother Armenia whenever you walk in the city center: it is quite visible in the distance.

And if the sky is clear, an amazing view of Mount Ararat will take your breath away. According to the Bible, Mount Ararat is the place where Noah's Ark came after the Great Flood. Ararat is the symbol of Armenia, although it is not in Armenia's current territory today (east of Turkey).

# **Exploring the foundation of Yerevan – Erebuni Fortress**

Are you keen on exploring historical sites? Go to the non-tourist area Erebuni to find the ancient fortress founded in 782 BC by the Urartian King Argishti the First. Erebuni fortress is the pillar around which the city of Yerevan was born. The remnants of this more than 2800-year-old fortress stand firmly in the Erebuni district of Yerevan. Near the fortress, you can visit Erebuni museum, where an enormous amount of artifacts and findings discovered during excavations are on display.

The Fortress consists of the brown stone walls, overlooking the city of Yerevan from an unusual angle. A great place to enjoy the spirit of the ancient Kingdom of Urartu and to take memorable pictures.



# Walking in the streets of Yerevan

Yerevan is so homelike due to its iconic streets, including Saryan street (commonly referred to as the "wine street" because of the many outdoor/indoor cosy wine cafes located there), Abovyan street, Parpetsi street, Teryan street and many others.

Spend a lazy afternoon in a beautiful surrounding of Dalan art gallery and restaurant (Abovyan str., 12), listen to the retro music in the 2nd floor restaurant and first vinyl store (Abovyan str, 3/1) and enjoy your coffee in the Mirzoyan Library (Mher Mkrtichyan street, 10) – all of them are located in the historical buildings.

Another way to discover the alternative Yerevan is to stroll in the streets of the Kond area, which is away from the main tourist routes, but is definitely worth visiting. Residential houses from the beginning of XX century and even a lot earlier, reveal themselves around Kond str, Leo str, Paronyan str. To check more of the city's cultural and architectural heritage, browse the map at the **Other Yerevan website.** Besides exploring the area on your own, it is possible to join the walking tour around **Kond** with the guide.

You should definitely take evening walks in these unique streets if you want to have an idea of what Yerevan architecture, lifestyle and spirit actually are all about.



# Shopping for the Armenian national clothing – Taraz

Wearing Armenian national clothing for women and men, commonly referred as Taraz, is a beautiful and unique experience that would make your trip special. Taraz from several regions of historical Armenia differs in décor and accessories, you can find a great selection. To try Taraz on and have a photo in it, visit the specialized places in Yerevan, like Marashlyan Photo Atelier, Teryan Cultural Center, Lusik Aguleci house museum, etc.



# Buying little gems from the Vernissage and GUM markets

Vernissage (Buzand Str, 1) open air flea market offers a great variety of souvenirs and handicrafts: magnets, ceramics, jewellery, musical instruments, t-shirts, clothes and bags

with traditional ornaments. Take a stroll between the Vernissage rows and make sure

you got your kind of souvenir from Armenia! It's open every day, however, on

On weekends it's more crowded and has more variety to offer.

And for these of you who would prefer to shop rather food or snacks, GUM market (Movses

Khorenatsi str, 35) is a perfect place for getting the taste of Armenia. Sweet sujuk (known as "Armenian snickers' '), vast assortment of dried fruits, sun-dried tomatoes, local herbal tea, Eastern-Armenian spices, fresh vegetables, fruits and many more can be found here. Somewhere within the market you will also discover the bakery where Armenian ladies bake traditional bread Lavash on the sides of the stone oven (called tonir).



Yerevan is actually a lot more than presented above. Most tourists say that, beyond the cultural heritage, it is the hospitality and openness of Yerevan people that makes it so special.

Visit Yerevan and find your own reason to love it! And don't limit yourself with visiting the capital only. Armenia has so much more to surprise you with.



