

SPORTY CURRICULUM

GENERAL DATA

- FIRST AND SURNAME: LOURDES AVENDAÑO RODRÍGUEZ
- DATE OF BIRTH: JANUARY 23, 1989
- PLACE OF BIRTH: SUD CINTI- CHUQUISACA - BOLIVIA
- IDENTITY CARD: 7169597 Tja.
- PROFESSION: DEGREE IN BUSINESS ADMINISTRATION
- MARITAL STATUS: SINGLE
- ADDRESS: AVAROA NEIGHBORHOOD BETWEEN AYOROA AND PASAJE BENI
- PHONE: 77870795 - 75144031
- EMAIL: loumel18@hotmail.com
- NIT: 7169597019

APPLIED STUDIES

- BASIC CYCLE: ISIDORO LEYTON IBÁÑEZ (CHUQUISACA)
- INTERMEDIATE CYCLE: JOSE ANTONIO ZAMPA (CHUQUISACA)
- SECONDARY CYCLE: ESTEBAN MIGLIACCI (TARIJA)
- TECHNICAL CYCLE: SPEECH AND TEAM MANAGEMENT (TARIJA)
- UNIVERSITY CYCLE: DOMINGO SAVIO PRIVATE UNIVERSITY (TARIJA)
- COURSE: DEGREE IN BUSINESS ADMINISTRATION.

BOXING SPORTS CERTIFICATES

- BOXING TARD SELECTION CERTIFICATES YEARS 2009 - 2010 - 2011 - 2012 - 2013 - 2014 - 2015 - 2016.
- CERTIFICATE OF PARTICIPATION IN THE DEPARTMENTAL CHAMPIONSHIP EXPERIENCED LADIES AND MEN CATEGORY. (LATE MAY 2009).
- CERTIFICATE OF PARTICIPATION IN THE NATIONAL CHAMPIONSHIP EXPERIENCED LADIES AND MEN CATEGORY. (LATE AUGUST 2011).
- CERTIFIED FOR FIRST PLACE IN THE BOXING CHAMPIONSHIP. (TARIJA AUGUST 2013).
- CERTIFIED AS A MEMBER OF THE BOLIVIAN BOXING TEAM 2014 -2015 (COCHABAMBA JUNE 7, 2014)

-
- CERTIFICATE OF PARTICIPATION IN THE SEMINAR ON STRUCTURING THE ANTI-DOPING SYSTEM IN BOLIVIA AND UPDATE ON THE LIST OF PROHIBITED SUBSTANCES . (SEPTEMBER 2014).
- CERTIFICATE OF ATTENDANCE TO THE UPDATE COURSE IN THE FOOTBALL DISCIPLINE. (TARIJA OCTOBER 2014)
- CERTIFICATE OF ATTENDANCE TO THE SPORTS INJURIES AND SPORTS PSYCHOLOGY COURSE. (TARIJA NOVEMBER 2014)
- CERTIFICATE OF PARTICIPATION IN TARIJA MASSIFICATION BOXING SCHOOL (NOVEMBER 2014).
- CERTIFICATE OF RECOGNITION AS MUNICIPAL CHAMPION OF THE BOXING DISCIPLINE (TARIJA JULY 2015)
- CERTIFICATE OF FIRST SKATING DEMONSTRATION "FUN ON WHEELS", (TARIJA NOVEMBER 2015)
- CALL TO BE PART OF THE TARIJEAN BOXING TEAM TO PARTICIPATE IN THE "AMBC CONTINENTAL BOXING CHAMPIONSHIP FEMALE ELITE" (SANTA CRUZ DE LA SIERRA APRIL 11 TO 17, 2016)
- 1ST YACUIBA CHAMPIONS CERTIFICATE (YACUIBA MAY 2016)
- CERTIFIED AS A MEMBER OF THE TARIJEAN BOXING TEAM 2016 (TARIJA, JUNE 27, 2016)
- CERTIFICATE OF PARTICIPATION IN THE CAPARARI DEPARTMENTAL BOXING CHAMPIONSHIP (CARAPARI FROM SEPTEMBER 8 TO 10, 2016)
- CERTIFICATE OF PARTICIPATION TO THE TARIJA CARAPARI ASSOCIATION SEPTEMBER 2016).
- INTERPROVINCIAL BOXING NIGHT CERTIFICATE (TARIJA OCTOBER 14, 2016) AUTONOMOUS GOVERNMENT OF THE DEPARTMENT OF TARIJA. DEPARTMENTAL SPORTS SERVICE RECOGNIZES IN "NIGHT OF CHAMPIONS" AS NATIONAL BOXING CHAMPION MANAGEMENT 2015. (TARIJA OCTOBER 2016)
- AUTONOMOUS GOVERNMENT OF THE DEPARTMENT OF TARIJA, DEPARTMENTAL SPORTS SERVICE RECOGNIZES IN "NIGHT OF CHAMPIONS", FOR ITS INTERNATIONAL PARTICIPATION IN MANAGEMENT 2015. (TARIJA OCTOBER 2016).

-
- CERTIFICATE OF PARTICIPATION IN THE "BOXING TOURNAMENT" SAN LORENZO 2016 (SAN LORENZO NOVEMBER 25, 2016).
CERTIFIED AS A MEMBER OF THE TARIJEAN BOXING TEAM. (TARIJA DECEMBER 3, 2016).
- CERTIFIED AS COACH OF THE TARIJEAN NATIONAL TEAM BOXING 2016. (TARIJA DECEMBER 3, 2016).
- CERTIFICATION OF THE MUNICIPAL ASSEMBLY OF CERCADO SPORTS—TARIJA AS PRESIDENT OF THE MUNICIPAL BOXING ASSOCIATION OF THE CERCADO PROVINCE 2017. (TARIJA MARCH 30, 2017)
- CERTIFICATION OF THE SE.DE.DE DEPARTMENTAL SPORTS SERVICE AS VICE PRESIDENT OF THE TARIJEÑA DEPARTMENTAL BOXING ASSOCIATION. (TARIJA MAY 18, 2017).
- CERTIFICATE OF PARTICIPATION TRAINING AND UPDATE SEMINAR OF THE AIBA RULES 2017—FOR BOXING JUDGES AND REFEREES. (TARIJA 04 TO 05 AUGUST 2017),
- CERTIFICATE OF PARTICIPATION IN THEORETICAL AND PRACTICAL WORKSHOP ON
BASIC PHYSICAL ABILITIES AND SPORTS PLANNING FROM SEPTEMBER 7 TO 9. (DUE SEPTEMBER 2017).
- CERTIFICATE OF PARTICIPATION IN THE CITIZEN INTEREST FORUM LAW 804 NATIONAL SPORTS LAW NOVEMBER 24 AT "UNESCO".
(TARIJA NOVEMBER 2017).
- CERTIFICATE FROM THE BOLIVIAN OLYMPIC COMMITTEE TO DELEGATE OF THE BOLIVIAN BOXING FEDERATION FOR HER PARTICIPATION IN THE SEMINAR "WOMEN LEADERSHIP AND SPORTS" DECEMBER 15 AND 16. (LA PAZ - BOLIVIA, DECEMBER 2017).
- DIPLOMA FOR PARTICIPATION IN THE INTERNATIONAL INTEGRATION CHAMPIONSHIP IQUIQUE 2018 DAYS FEBRUARY 20 TO 24, IQUIQUE. - TARAPACA REGION
- CHILEAN BOXING FEDERATION AWARDS DIPLOMA TO BOXING PRESIDENT OF TARIJA (SANTIAGO CHILE FEBRUARY 24, 2018).
 - INTERNATIONAL BOXING ASSOCIATION AIBA OR INTERNATIONAL BOXING ASSOCIATION AIBA SINGLE ENTITY THAT REGULATES AMATEUR BOXING, AIBA I-STAR COACH CERTIFIED (SANTA CRUZ 25 DE FERRERO DEI 2018).

-
- CERTIFICATE OF PARTICIPATION IN THE NATIONAL INTER MUNICIPAL CHAMPIONSHIP VILLAMONTES PROV. MODESTO OM/STL VILLAZON BOLIVIA NOVEMBER 9, 2018).
- CERTIFICATE OF PARTICIPATION BOX NIGHT ARGENTINA BOLIVIA DECEMBER 2018.
- CERTIFICATE OF PARTICIPATION IN THE IV SOUTH AMERICAN GAMES OF PLAYA ROSAMO 2019
- 1ST CERTIFICATE. INTERCLUB CHAMPIONSHIP PLACE MASTER CATEGORY TARIJA BOLIVIA MAY 2019.
- CERTIFICATE OF PARTICIPATION IN THE II NATIONAL BOXING CHAMPIONSHIP RUMIO TO THE BOLIVARIAN YOUTH GAMES SUCRE 2020 TEAM COACH TARIJA JULY 2019.
- CERTIFICATE OF ATTENDANCE TO THE SEMINAR ON WOMEN'S EMPOWERMENT THROUGH SPORTS, FROM JULY 16 TO 18, LA PAZ JULY 18, 2019.
- CERTIFICATE OF PARTICIPATION IN THE DEPARTMENTAL BOXING CHAMPIONSHIP TAKES AUGUST 2019.
- THE SOUTH AMERICAN SPORTS ORGANIZATION CERTIFIES PARTICIPATION OF THE 2019-2020 SPORTS UPDATE TRAINING PLAN LA PAZ SEPTEMBER 16-20, 2019. VIRTUAL REFEREE JUDGE COURSE FROM MAY 11 TO 20, 2020, WORLD BOXING COUNCIL CERTIFIES.
- SPORTS MANAGEMENT SEMINAR HELD AT THE TECHNICAL INSTITUTE IN SPORTS COMPETITION, VIRTUALLY MAY 15, 2020, CERTIFIES TECHNICAL INSTITUTE IN SPORTS COMPETITION, SANTA CRUZ DE LA SIERRA BOLIVIA.
- ONLINE INTRODUCTION COURSE IN HIGH PERFORMANCE SPORTS, ORGANIZED BY THE BOLIVIAN OLYMPIC COMMITTEE AND LA PAZ GAMLP HIGH PERFORMANCE CENTER, LA PAZ MAY 2020
- VIRTUAL SEMINAR RETURN TO TRAINING AFTER THE CO VID 19 PANDEMIC FOR COACHES, CONDUCTED BY INSTRUCTOR LIC. MATEUS ALVES (BRA) WITH THE ENDORSEMENT OF AMBC, CERTIFIES ECUADORIAN BOXING FEDERATION, PORTOVIEJO JUNE 13, 2020.
SPORTS NUTRITION, EXPOSED BY LIC. NAT ALY CUELLAR NUTRITIONIST, CERTIFIES MUNICIPAL ASSEMBLY OF SPORTS TARIJA AND THE PROVINCE CERCADO TARDA BOLIVIA, JUNE 23, 2020.

-
- VIRTUAL JUDGE / REFEREE UPDATE SEMINAR - AIBA, DELIVERED JUNE 26 AND 27, 2020. SANTA CRUZ DE LA SIERRA BOLIVIA, JUNE 2020.
- FIRST AID, EXHIBITED BY VOLUNTEER FIREFIGHTER ABRAHAM GUZMÁN FROM CABALLEROS DE FUEGO, CERTIFIES BY THE MUNICIPAL ASSEMBLY OF THE TARDA SPORTS AND THE PROVINCE CERCADO TARIJA BOLIVIA, JULY 9, 2020.
- PREPARATION OF HEALTHY FOOD FOR ATHLETES, EXPRESSED BY MR. ANTONIO ALCOBA, CERTIFIES BY THE MUNICIPAL ASSEMBLY OF LATE SPORTS AND THE PROVINCE CERCADO TARIJA BOLIVIA, JULY 16, 2020.
- NUTRITION FOR SWIMMERS, EXPOSED BY LIC. DANNY TORTEROLO, SPECIALIST IN NUTRITION AND SPORTS FROM THE UNIVERSITY OF BARCELONA, CERTIFIES THE MUNICIPAL ASSEMBLY OF SPORTS TARIJA AND THE PROVINCE CERCADO TARIJA BOLIVIA, JULY 23, 2020.
- SPORTS PSYCHOLOGY UPDATE COURSE FOR HIGH PERFORMANCE COACHES, CERTIFIED BY THE PANAM SPORTS ORGANIZATION, JULY 2020.
- COURSE APPLIED SCIENCES TO SPORTS DELIVERED FROM JULY 22 TO AUGUST 9, 2020
- CERTIFIED FOR YOUR PARTICIPATION IN THE WEBINAR HOW TO EVALUATE AN ASSAULT AND
- ARBITRAL PROCEDURE, WORLD BOXING ACADEMY CERTIFIES
- APPLIED SPORTS SCIENCE COURSE LEVEL 2, DELIVERED FROM AUGUST 18 TO SEPTEMBER 3, 2020.
- COURSE LONG-TERM DEVELOPMENT IN SPORTS AND PHYSICAL ACTIVITY SINCE
- SEPTEMBER TO OCTOBER 2020, ORGANIZED BY PANAM SPORTS,

BOXING COACH

- FROM 2007 MASIFICATION UNTIL 2015
- FROM 2015 HIGH PERFORMANCE UNTIL 2020