



Medical Committee Meeting Minutes – 10th May 2023, Tashkent

Attendees to the meeting

Committee Members

Leyla Nasirova

IBA

Marko Petric – IBA Head of Sport

M. Burak ŞAHİN – IBA Sport Department Consultant

Subject: Possibility of removing the head guards for Elite Women’s events and possibility of increasing the boxing age category for Veteran Men

Due to ongoing MWCH Tashkent 2023 event, members of Medical Committee were asked to give their professional opinions and reports regarding the subject through email on 29th April 2023.

Medical Committee Vice-Chair Dr. Leyla Nasirova was present at the MWCH Tashkent event and presented a comprehensive report from her side and the information gathered through emails from Dr. Azzeddine Lekhaili, Dr. Makhoto Mosotho, Dr. Alexander Neverkovich, Dr. Dilshod Kazakov, Dr. H. M. Inwood, and Dr. Peter Stickler.

Dr. Nasirova stated that through gathered information removing the head guards for Elite Women boxers would lead to better quality bouts for the women’s boxing because nose of the boxer would be less affected by the impacts, boxer would have better peripheral vision against her opponent, and removal of the head guard has no certain negative effects on female physiology. Dr. Nasirova stated that these conditions only apply to Elite category and advised that holding 2-3 test tournaments with deep medical checks afterwards would yield a final decision on the subject.

On increasing the age limit for Men’s category, Dr. Nasirova stated that through gathered information, it would not be recommended due to possible side effects on male physiology, deteriorating enzymes and hormones helping to recover from cuts and bruises, possible negative effects on the internal organs, deteriorating vestibular system would create balance and stability problems, higher tendency of infections, haemorrhagic strokes, and many more possible negative effects. Further in-depth study was recommended for increasing the age category.

Information received by IBA Head of Sport Marko Petric to be presented at the BoD Meeting in Tashkent.





Leyla Nasirova
Medical Committee
Vice-Chair



Marko Petric
IBA
Head of Sport



M. Burak Şahin
IBA
Consultant

