

## **IBA Women's Committee Initiatives**

### **IBA Women's World Championships in Istanbul 2022**

#### **1. IBA Women Boxing Questionnaire**

It was agreed to design a questionnaire to be sent to all National Federations to get the number of women ITOs, R&Js, Coaches, Doctors, Administrates and other boxing practitioners. Five Confederations Women's Committee Chairpersons will assist in the distribution of the questionnaire among their respective NFs. It was also decided to distribute the document in the light of upcoming Women's World Championships asking IBA team to assist with its distribution. It was also decided to use the word "women" instead of "female" in all the documents.

Please find the Questionnaire attached.

#### **2. IBA Women Confederation Ambassadors**

It was decided to appoint 5 Confederation Women Ambassadors at continental level according to the main selection criteria approved by Women's Committee. It was agreed that the ambassadors should be well known successful boxers who will promote women's boxing and IBA's actions dedicated to women in the sport, present boxing to young girls and women, participate in specific sports forums to promote women boxing, give interviews, participate in press-conferences, promotional campaigns etc.

Please find the list of Women Confederation Ambassadors attached.

#### **3. Women in Boxing Award**

It was agreed to create annual Women in Boxing Awards to celebrate successful women involved in the sport. It is intended to hold inaugural awards at the upcoming Women's World Championships. The selection criteria will need to be developed considering achievements throughout the year with the IBA team assistance in the development of the criteria.

#### **4. Women Coaches Manual**

The final draft of the first Coaches Manual for women boxers has been finalised by Women's Committee and is ready to give to IBA for publication and inclusion as a separate chapter in the Coaches Manual that was updated and finalized in Belgrade by Coaches Committee.

The document is divided into the following sections: "General introduction" (understanding women's place in various cultures), "Historical timeline", "Principles of training" delves into categories of philosophy, ethics, safety, injury prevention, physical conditioning, growth and development. "Evaluation performance and competition", "Appendix of champions" in order to share good stories and inspire young boxers for them to feel that they are not alone.

It was decided to share this document as a separate Booklet during the upcoming Women's World Championships. It was suggested that during the competition the Manual could be given to all the national teams within Sports-Entries Check.

Please find the Women Coaches Manual attached.

## **5. Women Educational Courses - Women's Aspire Program**

It was suggested organizing some of the courses within Women's Aspire Program during the Women's Championships in Istanbul. This might be courses for Women Coaches, R&J, ITOs, doctors and sport managers. The courses primarily being open to women however men attending the championships who are dedicated to the development of women in boxing could be encouraged to attend. It was decided to have further discussion with the IBA Education to understand what courses are of priority and have to be organized sooner. Other courses could be held later in the Assisi Academy as soon as it is officially open to the public in 2022.

## **6. IBA Women's Committee Meeting in Istanbul**

It was proposed to organize a physical meeting of the IBA Women's Committee at the Women's World Championships in Istanbul. The committee proposed 4 days of meetings: 3 days of committee discussions, 1 day (Rest Day) for Q&A for those who might have questions to the committee about the new Coaches Manual, Educational program for Women and other current and future women in boxing initiatives.

## **7. "Invisible to Visible"**

It was noted that the cooperation on this matter between IBA Communication Department and the Committee has been established. It was decided together to look for prominent women involved in boxing to share their stories in social media to both promote boxing and inspire not only young boxers but also other women in all level of aspects and positions. More interviews might be published around and during the Women's World Championships in Istanbul.

Shelly's interview:

<https://www.iba.sport/blog/single-mother-of-four-boys-how-aiba-bod-member-became-a-role-model-for-women-in-boxing/>

Amanda's interview:

<https://www.iba.sport/blog/amanda-coulson-how-one-article-inspired-a-victorious-boxing-career/>