PRESENTATION

Boxing in Spain in recent years is experiencing a recognized boom. In addition to the institutional support that is becoming more evident and equanimous with respect to other sports, we find that our sport is being extended to all ages and social strata, out of old and hackneyed stigmas that we are leaving behind.

behind us. Women's boxing in Spain is experiencing a boom as evidenced by the results of Spanish boxers in international elite, youth and junior tournaments. The culmination was the celebration for the first time in our country of a European Championship for female boxers. In addition, we wanted to focus on areas that needed our efforts to see the light as have been the new modalities of adapted boxing, LifeBoxing and the first official competitions of Schoolboys. But we can not fail to name how our Olympic dreams with four repersentantes in Tokyo, Our effort will continue to get medals in the highest official competition that a Spanish athlete can dream. And we with them.

"Our maxim for the next legislature is to further strengthen state competitions, teaching boxing and the various new modalities that we have started in the previous one. To work for and for boxing, for the union and against segregation."











COMPETITIONS

The Spanish Boxing Federation holds annually several international competitions such as:

- The International Boxam Tournament in its elite, junior and youth categories both male and female.
- The 4 Nations Tournament and the Dual Match.

In addition, all state competitions such as:

- Championship of Spain, elite, young and junior.
- Open Clubs.
- President's Cup and Iberdrola Cup.
- Liga4Boxing, a competition made up of 8 teams (franchises) that face each other to get into a PLAY OFF final, where the top 4 teams will play the pass to the final.



TEACHING BOXING AT AN EARLY AGE

In Spain, teaching boxing is the first step of training within an Olympic sport and the Spanish Boxing Federation is promoting it on several fronts. There are three aspects from where this noncontact boxing training is worked in Spain:

- National Plan of Sport Technification (PNTD).
- Grades of Sports Evolution, directly related to the previous one.
- Spanish Championship of noncontact forms at school age.

But in addition, Spanish Schoolboys Championships are already being held.

NATIONAL PLAN FOR SPORTS TECHNIFICATION (PNTD)

Throughout the year, the National Sports Technification Program brings together around 1500 athletes at an early age for the practice of non-contact boxing. In continuous growth and expansion of areas (there are already 18 areas of PNTD), more and more children throughout the national territory are finding in their region a nearby sports technification where they can train with dozens of children in their locality.

DEGREES OF SPORTS DEVELOPMENT

Spain is already implementing the first global sports certification system: the Grados de Evolución Deportiva. A certification system of sport quality standards and sport evolution, common to all sports. The IINS establishes, with each member Spanish Federation, a commission composed of professionals and experts in the field, who are responsible for drawing the line to follow for the proper implementation of the program and to define the evaluation criteria and certification standards for obtaining each Degree.



ADAPTED BOXING IN SPAIN

In 2015, the Spanish Boxing Federation is committed to the inclusion of Adapted Boxing with the creation of the Spanish Adapted Boxing Committee (CBAE). This Committee is the starting point of PARABOX, which will be a magnificent rehabilitative and integrative tool.

LIFE BOXING

Another of the challenges of the current management team of the FEB. The activity of LIFE BOXING, is aimed at those seeking to start learning and training in the sport of Olympic or amateur boxing, from its fitness aspect.