

Boxing Coach, High Performance trainer

# Profile

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Expert of Sports training and education. Experience of working in AIBA Coaches Commission since 2013. Head of the AIBA coaches task group in 2020.

## Employment History

Lecturer of Sports and Health Sciences at Education department of Helsinki City, Helsinki October 2007 – Present

**Coach Instructor at AIBA, Lausanne** February 2013 — Present

Head Coach at Estonian Boxing Association, Tallinn December 2008 — December 2016

Head Coach at Finnish Boxing Association, Helsinki January 2005 – December 2007

Boxing Coach at Tartu University Sports Club, Tartu January 1997 — December 2004

### Education

Master of Sport Sciences, University of Tartu, Tartu October 2003 — July 2010

**Entrepreneur, Helsinki Business College, Helsinki** August 2016 — January 2017

### Courses

**Train the trainer, ASOIF - Japan Institute of Sport Sciences** December 2016 — December 2016

Athlete Career Programme, IOC June 2016 — June 2016

### References

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#### Details

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Date / Place of birth 02.10.1977 Tartu, Estonia

Nationality Finnish/Estonian

Links AIBA Coaches

#### Skills

Teamwork

Leadership

**Computer Skills** 

Ability to Work in a Team

**Communication Skills** 

Problem Solving

**Critical Thinking Skills** 

Hobbies Skiing, Cross-Fit, Professional

Languages

Estonian

Finnish

English

Russian

German

Swedish