



# YOUTH MEN'S AND WOMEN'S WORLD CHAMPIONSHIPS

**KIELCE 2021**

**AIBA YOUTH MEN'S & WOMEN'S WORLD BOXING  
CHAMPIONSHIPS  
KIELCE, POLAND 2021**

**Team Delegations' Handbook**

February 2021



## **Umar Kremlev**

President of International Boxing Association (AIBA)

Today, in this difficult time for boxing globally which is associated with the limitations imposed by the pandemic, I am especially glad to welcome you to the AIBA Youth Men's and Women's World Championships!

Despite all the difficulties, we have been able to unite and create conditions so that young athletes could prove themselves in the ring on a worldwide platform and select the best amongst the best. It is very important for us to support the youth in their transition to the elite stage, so that they can continue to build career in boxing and achieve the best results. Today, these boxers are the future of the boxing world.

I thank the Polish Boxing Association for the huge amount of preparatory work carried out so that the Championships are held in full compliance with all sanitary standards, with concern for the health of everyone.

I am sure that the tournament will be held at the highest level, both in terms of safety and, of course, in terms of the spectacularity of boxing, which will be demonstrated by the participants. The city of Kielce has all the necessary infrastructure and highly qualified specialists, so I have no doubt that this will be an outstanding, competitive Championship that will be remembered by both the global audience and participants.

For us, this tournament will be the first World Championships after the outbreak of the pandemic, and I expect from it, first of all, impressive fights and beautiful victories. We have missed the high-performance boxing, and the tournament in Poland will be an excellent opportunity to resume hosting the largest AIBA competitions in the new reality. We should not give up, our mission as sports officials is to adapt to new realities and provide our athletes and coaches with the best possible conditions.

I would like to wish all our athletes success at the World Championships with all my heart. Let this tournament launch a new stage of your career!

Sincerely Yours,

**Umar Kremlev**

AIBA President



## **Grzegorz Nowaczek**

President of Polish Boxing Association

The Polish Boxing Association, in cooperation with the International Boxing Association AIBA, organizes the first world championship-level boxing event in Polish history, which is AIBA Youth Men's and Women's World Boxing Championship – Kielce 2021. The tournament will take place from 10 to 24 April, in Hala Legionów at Leszka Drogosza Street 2 in Kielce. 200 national boxing federations associated in AIBA structures were invited to participate in the championship.

This will be a great opportunity to promote a positive image of Kielce and to show its tourist, infrastructural and organizational values. Moreover, depending on the pandemic situation, all the teams could have the opportunity to take part in tours showing the most important places in Świętokrzyskie. The entire event will be broadcasted on official Polish Boxing Association's service called PZB TV with option to share it on every streaming services around the world. Championship's finals will be broadcast on open channel TVP Sport HD and all channels which will want to broadcast this event.

Participants will compete for 14 days on 2 boxing rings in a modern sports center Hala Legionów in Kielce. It is a great equipped center which is suitable for this rank of events in terms of infrastructure, sports facilities and sanitary requirements.

As the President of the Polish Boxing Association, I am honored that during this period Poland will be the capital of the boxing world and that we will host so many great athletes. We organize the championships in a difficult pandemic time with the youth in mind, giving them the fulfilment of their sports dreams and hope for the future.

Sincerely yours,

**Grzegorz Nowaczek**

President of Polish Boxing Association

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## 1. ORGANISER

The Polish Boxing Association, affiliated with AIBA, has been entrusted with the organization of the AIBA Youth Men's and Women's World Boxing Championship Kielce, Poland 2021.

## 2. CONTACTS

Subject	E-mail
Registrations for Team Delegations	<a href="mailto:database@aiba.org">database@aiba.org</a>
Registrations for Extra Officials	<a href="mailto:database@aiba.org">database@aiba.org</a>
Visa & Entry Requirements	<a href="mailto:ywch2021@pzb.com.pl">ywch2021@pzb.com.pl</a>
Competition related	<a href="mailto:sport@aiba.org">sport@aiba.org</a>
Press & Media related	<a href="mailto:communication@aiba.org">communication@aiba.org</a> <a href="mailto:media.ywch2021@pzb.com.pl">media.ywch2021@pzb.com.pl</a>
Accommodation	<a href="mailto:hotel.ywch2021@pzb.com.pl">hotel.ywch2021@pzb.com.pl</a>
Transport	<a href="mailto:bus.ywch2021@pzb.com.pl">bus.ywch2021@pzb.com.pl</a>

## 3. COMPETITION

### a. Format

The Championships will be run based on AIBA Technical Rules and AOB Competition Rules.

- There will be no seeding.
- The Official Draw will be conducted by Swiss Timing through an electronic draw.
- Two rings will be used until the semi-finals phase.
- Medals will be distributed to the first 4 boxers of each weigh category (1 Gold, 1 silver, 2 Bronze).
- The Technical Delegate of the event is Mr. Dragoljub Radovic.
- The Event will be officiated by world class International Technical Officials and 3-Stars Referees and Judges, all appointed by AIBA.

## b. Sport Entries Check

The General Weigh-in will be replaced by a Sport Entries Check. **This check will take place on April 11 – 12, 2021. AIBA will inform you of the exact date and time of your appointment four weeks prior to the Sport Entries Check. Please make sure to arrive in Kielce, Poland prior to April 11, 2021.**

Each Team delegation can appoint a maximum of 2 persons to attend the check. AIBA recommends to each team to send the Team Manager and/or the Team Doctor and/or the Head Coach.

Each Team Delegation's representatives will have a 10-minute appointment with AIBA Officials to confirm the entry list of their delegation, the spelling of boxers' names, the uniforms, national flag and anthem and to hand out official documents listed below to AIBA.

Your representative(s) must present:

- Entry list of the delegation (this document will be sent by AIBA one month prior to the event).
- Passports of each boxers.
- Record Books of each boxers.
- AIBA Medical certificates issued within the last 3 months for each boxer.
- Declaration of Non-Pregnancy (for women boxers signed by at least one of the parents/legal guardians certifying that the boxer is not pregnant).
- Anti-doping consent forms signed by each of the boxers.
- Video consent form.
- Image rights consent form signed by each boxer and team delegation member.
- Red and Blue uniform examples.

**Important:** Please note that the presence of your representative is mandatory. In the event where Team Delegation Representatives do not show-up to the scheduled appointment, the entire Team will be disqualified.

## c. Event Calendar

Event	Time	Place
<b>April 10</b>		
Arrivals	All day	Binkowski Hotel
<b>April 10 – 23</b>		
Accreditation Centre	08:00 – 23:00	Binkowski Hotel (April 10 – 12)
	10:00 – 22:00	Competition Venue (April 13 – 23)
<b>April 11</b>		
Sport entries check – day 1	Morning and afternoon	Binkowski Hotel
<b>April 12</b>		
Sport entries check – day 2	Morning	Binkowski Hotel
Technical Meeting	17:00 – 18:00	Binkowski Hotel
Official Draw	18:00 – 19.30	Binkowski Hotel
<b>April 13 – 23 (except Rest Day)</b>		
Daily Weigh-ins	07:00 – 08:30	Binkowski Hotel
<b>April 13</b>		
<u>Opening Ceremony</u>	16:00	Competition Venue
1 <sup>st</sup> Day of Preliminaries	Evening session from 17:00	Competition Venue
<b>April 13 – 23</b>		
Competition days	Afternoon session from 12:00 Evening session from 17:00	Competition Venue
<b>April 21</b>		
Rest Day The LOC, depending on the pandemic situation, plans to organize tours for the Teams.		
<b>April 22</b>		
Finals and Medal Ceremonies – Women	16.00 – 20.00	Competition Venue
<b>April 23</b>		
Finals and Medal Ceremonies – Men	16.00 – 20.00	Competition Venue
Closing Ceremony	After the last medal ceremony.	Competition Venue
<b>April 24</b>		
Departures		

## 4. REGISTRATIONS

### a. Participating Boxers

AGE ELIGIBILITY: Boxers born from January 01, 2002 to December 31, 2003.

Each National Federation is invited to register up to one (1) boxer in each weight category, as per AIBA Technical and Competition Rules, Youth Men and Youth Women weight categories.

All registrations need to be done through the AIBA database (<https://www.aiba-database.org/nf>).

### b. Team Officials

Each Team Delegation can have the following number of Team Officials:

- 1 Team Manager
- 1 Team Doctor
- 1 Physiotherapist
- 1 AIBA Certified Team Cutman
- Number of coaches according to the table below:
  - 1 – 3 Boxers: Up to 4 Coaches
  - 4 – 7 Boxers: Up to 5 Coaches
  - 8 – 10 Boxers: Up to 6 Coaches
  - 11 – 20 Boxers: Up to 8 Coaches

### c. Coaches

Each Boxer will be entitled to be accompanied to the ring by up to three (3) coaches. However, only two (2) Coaches may mount the apron of the ring and only one (1) may enter the ring.

- All boxers must be accompanied by at least one AIBA certified coach (1, 2 or 3-Star) at ringside during the bouts.
- All Coaches allowed to work in the Field of Play (FOP) must be AIBA certified (1 to 3-Star).
- One of the 3 coaches can be replaced by an AIBA Certified Team Cutman.

*If your team does not have any AIBA certified coach (1,2 or 3-star), please raise this at the Technical Meeting, so arrangements can be made with another team.*

Any coach of National Level, who has not certified through AIBA, **will not be allowed to access the FOP and must be registered as an Extra Official.**

#### d. Extra Officials

Any individual who will be at the event in addition to the ones outlined in point 4.b., whom the National Federation (NF) would like to send to work with the team, would be registered as an Extra Official.

Extra Officials who do not have a direct link with the preparation of the team for the competition will not receive an accreditation. Decisions will be taken by AIBA on a case by case basis.

Each National Federation can register up to 6 additional persons within the following 2 categories:

- Extra Officials – NF Representatives:
  - NF President
  - NF Secretary General
  - NF Executive Board Member
  - NF President Accompanying Guest
  - NF administrative Staff
- Extra Officials – Team Delegation Staff
  - National Coach of a registered boxer
  - Additional Physiotherapist
  - Additional Doctor
  - Nutritionist

All Extra-Official registrations must be done through AIBA database in the dedicated section of the event.

In the event where one of your representatives has special security needs (personal security), please make sure to contact the LOC at [ywch2021@pzb.com.pl](mailto:ywch2021@pzb.com.pl), to arrange access, accreditation and entry into Poland in accordance with local authorities.

**Important:** If you plan to bring more than 6 additional persons, please note that accreditations will not be provided.

## e. Process and deadlines

All registrations for Team Delegations will have to be made through the AIBA database (<https://www.aiba-database.org/nf>).

Please find the summary below:

Registration for:	Done by:	Registration period
<b>Boxers</b>	Each national federation through web registration on the database	February 26 - March 20, 2021 (23:59 GMT)
<b>Teams officials</b>	Each national federation through web registration on the database	February 26 - March 20, 2021 (23:59 GMT)
<b>Extra team officials</b>	Each national federation through web registration on the database ("extra-officials" section)	February 26 - March 20, 2021 (23:59 GMT)
<b>Arrival/Departure time of the delegation</b>	Each national federation through web registration on the database ("travel details" section)	February 26 - March 30, 2021 (23:59 GMT)
<b>Rooming list</b>	Each national federation through web registration on the database ("room request" section)	February 26 - March 30, 2021 (23:59 GMT)

## 5. VISA & ENTRY REQUIREMENTS

The Organiser will provide assistance regarding Visa if required.

### a. Contacts

For all information please contact:

Name: Kalina Będkowska

Tel: +48 882 600 131

email: [ywch2021@pzb.com.pl](mailto:ywch2021@pzb.com.pl)

## b. Process

The process for obtaining a visa for Poland will be as follows:

- Team delegations from Schengen countries do not need a Visa to travel to Poland
- Team delegations who need a Visa must immediately request it at the Polish Embassy/Consulate of their country
- For general and more information please have a look at: <https://www.gov.pl/web/diplomacy/visas>

The deadline to request assistance is **March 20, 2021 (23:59 GMT)**.

**Subsequently, you will receive an invitation letter which is necessary to request the Visa.**

## 6. TRANSPORTATION

### a. International Transportation

All travel information related to the Team Delegation must be entered in the AIBA Database during the registration and additionally sent to the LOC at [bus.ywch2021@pzb.com.pl](mailto:bus.ywch2021@pzb.com.pl)

The airport of arrival and departure will be **Warsaw Chopin Airport (WAW), Warsaw Modlin Airport (WMI), Krakow Airport (KRK), Katowice Airport (KTW)**.

Upon arrival at Warsaw Chopin Airport (WAW), Warsaw Modlin Airport (WMI), Krakow Airport (KRK), Katowice Airport (KTW), please look for the AIBA Youth Men's and Women's World Boxing Championships **Welcome Desk**, which will be **located in the hall Arrivals, behind the baggage claim area and behind the last check-in gate**.

Volunteers will be here to help you to go to your bus.

Deadline to submit arrival and departure information: **March 20, 2021 (23:59 GMT)**

### b. Local Transportation

Local transportation will be provided by the organizers:

- To/from Warsaw Chopin Airport (WAW), Warsaw Modlin Airport (WMI), Krakow Airport (KRK), Katowice Airport (KTW)
- To/from the hotel to/from the competition and training venue
- To/from the Hotel to/from Technical meeting and Official Draw
- To/from hotel for Opening Ceremony

## 7. ACCOMMODATION

### a. Team Delegations' Hotels

Members of Team Delegations and Team Delegations' Staff who have "Extra Official" accreditation, such as national coaches, additional doctors/physiotherapists, and nutritionists can stay at the Team Delegations' Hotels. NF Representatives with "Extra Official" accreditation cannot stay at Team Delegations' Hotels.

#### HOTEL #1

**Name:** Binkowski Hotel \*\*\*\*

**Address:** Szczepaniaka 42, 25-043 Kielce, Poland

**Telephone:** +48 41 340 35 00

**Website:** <https://www.binkowskhotel.pl/hotel-binkowski>

**Distance from the venue:** 450 m walking distance

**Distance from the Training Venue #2:** 4.5 km, 11 min by shuttle



Types	Prices (Full board) / per person
Single Room	120 euro
Double Room	90 euro
Triple Room	80 euro

## HOTEL #2

**Name:** Kongresowy Hotel \*\*\*

**Address:** Solidarności 34, 25-323 Kielce, Poland

**Telephone:** +48 41 332 63 60

**Website:** <http://hotelkongresowy.pl/>

**Distance from the venue:** 6 km, 15 min by shuttle

**Distance from the Training Venue #2:** 1.6 km, 20 min walking distance



Types	Prices (Full board) / per person
Single Room	120 euro
Double Room	90 euro
Triple Room	80 euro

## HOTEL #3

**Name:** Grand Hotel \*\*\*\*

**Address:** Henryka Sienkiewicza 78, 25-501 Kielce, Poland

**Telephone:** +48 41 365 50 00

**Website:** <https://grandhotelkielce.pl/>

**Distance from the venue:** 2.7 km, 10 min by shuttle

**Distance from the Training Venue #2:** 1.6 km, 20 min walking distance



Types	Prices (Full board) / per person
Single Room	120 euro
Double Room	90 euro
Triple Room	80 euro

## HOTEL #4

**Name:** La Mar Hotel \*\*\*

**Address:** Sikorskiego 2, 25-414 Kielce, Poland

**Telephone:** +48 41 33 02 100

**Website:** <https://hotellamar.pl/>

**Distance from the venue:** 7.7 km, 17 min by shuttle

**Distance from the Training Venue #2:** 3.5 km, 6 min by shuttle



Types	Prices (Full board) / per person
Single Room	120 euro
Double Room	90 euro
Triple Room	80 euro

Team Delegations are requested to submit their choice and needs through AIBA Database before **March 20, 2021 (23:59 GMT)**.

## b. Extra-Officials and Media Hotel

Extra Officials – NF Representatives and Media are not allowed to stay in any hotel dedicated to Team Delegations. The rates will include full board and Wi-Fi and will be as follows.

### HOTEL #1

**Name:** Teczowy Mlyn Hotel \*\*\*\*

**Address:** Zakladowa 4, 25-670 Kielce, Poland

**Telephone:** +48 41 335 21 52

**Website:** <http://teczowy.com/pl>

**Distance from the venue:** 7.2 km, 14 min by shuttle



Types	Prices (Full board) / per person
Single Room	120 euro
Double Room	90 euro
Triple Room	80 euro

### c. VIP Hotel

The rates will include full board and Wi-Fi and will be as follows.

#### HOTEL #1

**Name:** Odyssey Hotel Wellness & SPA \*\*\*\*\*

**Address:** Dabrowa 3, 25-001 Maslow, Poland

**Telephone:** +48 41 317 44 00

**Website:** <https://www.hotelodyssey.pl/>

**Distance from the venue:** 11.3 km, 22 min by car



Types	Prices (Full board) / per person
Single/Double Room	250 euro

### d. Payment conditions

All Team Delegations must pay their full room charges as above for the entire Championships Period (April 10 – 24) by **March 30, 2021**.

## 8. COMPETITION & TRAINING VENUE

### a. Competition Venue and Training Venue #1

- Name:** Hala Legionów
- Address:** Leszka Drogosza 2, 25-093 Kielce, Poland
- Capacity:** 4200 seats
- Training:** The Training Venue is located in one of the Annexes of the competition venue.



Modern, multifunctional sports Center located in south part of the city, near athletics stadium and Binkowski Hotel.

For years, the hall hosts the largest sporting events including: handball Champions League's games, most editions of Leszek Drogosz Memorial and many other International Boxing Matches.

Hala Legionów can seat over 3 000 spectators and about 600 people in VIP area.

Modern design provides perfect conditions for television broadcasts which is extremely important to organize World Championship rank event.

The Training Venue #1 is located in one of the Annexes of the competition venue.

It is equipped with 4 rings.

## b. The Training Venue #2

**Name:** KKB Rushh Kielce

**Address:** Kaczorowskiego 8a, 25-317 Kielce



The Training Venue #2 is situated in Boxing Club Rushh Kielce. The building with an area of 1800 m2 has a modern boxing hall, an exercise room, a gym, a sauna, a cryochamber and 4 changing rooms.

The boxing hall is equipped with 1 ring and 15 boxing stands.



## 9. ACCREDITATIONS

### a. For Team Delegation Members

All Team Delegation members who are registered for the event through the AIBA Database within the deadline will receive their accreditations on site after the accommodation payment has been approved by the LOC.

Accreditations will be given out only upon presentation of a passport.

The Accreditation Center will be located at Hotel Binkowski, Szczepaniaka 42, 25-043 Kielce, Poland.

### b. For Extra-Officials

Each National Federation has the possibility to request up to six (6) additional accreditations for its internal needs, by filling out the dedicated section in the AIBA Database no later than **March 20, 2021 (23:59 GMT)**.

### c. For Media and Press

International media

- For accreditation please contact: [communication@aiba.org](mailto:communication@aiba.org)

Polish media

- For accreditation please contact:
  - Press (print, online): [ywch2021@pzb.com.pl](mailto:ywch2021@pzb.com.pl)
  - Media accreditation (radio, TV and website with audio/video coverage): [media.ywch2021@pzb.com.pl](mailto:media.ywch2021@pzb.com.pl)

## 10. TECHNICAL VIDEO RECORDING

Each National Federation will be allowed to record the bout of their boxers with up to one camera per ring. Two specific locations in the stands will be reserved to these technical areas. Recordings are for technical purposes only and not for public broadcasting, social media included. The access to the two technical video recording areas will be conditioned to the signature of a disclaimer in this regard. You will find it attached at the end of this Handbook. The team manager of each National federation must bring the signed copy at the general technical meeting.

## **11. IMAGE RIGHTS**

AIBA has appointed an AIBA photographer in order to promote the image of boxers during the Youth World Championships. By participating in the Championships, each Boxer agrees to release his/her image rights to AIBA for promotional purposes.

## **12. DOPING CONTROL**

Anti-doping controls will be conducted in accordance with the AIBA Anti-Doping Rules and the World Anti-Doping Code. We would like to remind you that according to WADA regulations, from 2016 blood testing may be conducted during AIBA Competitions.

TUE must be submitted through ADAMS system no later than **March 20, 2021 (23:59 GMT)**.

## **13. MEDICAL CARE**

The LOC will provide medical care and first-aid during the entire Championships Period to any participant who suffers from a sports injury contracted during the Championships.

## **14. INSURANCE**

All participants are requested to get their own travel and medical insurance as the LOC will provide liability insurance for all participants only at the Competition Venue.

## **15. AWARDS**

Several awards, including the best boxer trophy of the AIBA Men's and Women's Youth World Boxing Championships Kielce, Poland 2021 will be distributed after the last finals ceremony.

## 16. COVID-19 PROTOCOL

The event is approved as professional sport event with a very strict countermeasure concept and therefore the AIBA Event Management Protocol during COVID-19 pandemic will be implemented.

A brief overview of the following main requirements:

- Every Participant need to bring an already done negative Covid-19 PCR test not older than 72 hours upon arrival
- **No spectators are allowed**
- Nobody is allowed to leave the hotel at any time during the tournament period
- 2 masks will be provided by LOC and need to be used at any time
- Distance minimum 1,5m at any time
- Disinfection fluid must be used as often as possible
- For breakfast, lunch and dinner, teams will get a timeslot
- Temperature measurement for all participants every day
- The medical commission will do additional rapid tests if necessary
- Athletes and coaches must leave the competition venue after the bouts

## 17. Kielce



Kielce – the capital of the Świętokrzyskie Province – Is situated at the base of the Świętokrzyskie Mountains in a wide depression of the area between the Masłowski Range in the north and the Dymiński and Posowicki Ranges in the south. The central center of the Kielce agglomeration is regional center of economic, scientific, cultural, exhibition and fair. The number of residents in 2020, it is around 200,000 people.

Kielce is known for location in a mountainous landscape, moreover, the city's advantages are large green areas and valuable natural and landscape areas that belong to the city, as well as being part of the urban agglomeration, which include the Kielce Reservoir, the City Park, the Kadzielnia geological reserve and the Culture and Recreation Park, which is part of the Chęciny-Kielce Landscape Park.

In addition, there are nature reserves on the city limits: Karczówka, Ślichowice, Biesak – Białogon and Wietrznia and 46 nature monuments. In 2018, Kielce was awarded the title of the European City of Sport by the European Federation of Capitals and Cities of Sport, which has been giving this award since 2001.

The city received this distinction because it is characterized by a high level of physical culture, promotion of the principle of "fair play", a healthy lifestyle and physical activity as well as building and getting satisfaction from practicing sports.

All these successes would not be possible without an excellent sports base that Kielce can be proud of. In addition to the beautiful Hall of Legions and the Suzuki Arena Kielce Stadium, the city has 8 sports halls, an athletics stadium, 5 swimming pools, 2 ski slopes with lifts, tennis courts and many other sports and recreational facilities.



## 18. Świętokrzyskie Province



Świętokrzyskie Voivodeship – In a nutshell.

The Świętokrzyskie Voivodeship is one of Poland's sixteen regions, located at the country's heart – at its central-southern part. The voivodeship covers the area of 11 710, 50 km sq. km (3.7 % of Poland's area), and is inhabited by 1,23 mln people (3,3 of Poland's population). Region borders on the biggest Polish agglomerations – Warsaw, Krakow, Katowice and Lodz – situated aprox. 120-180 km from Kielce – capital city of the Świętokrzyskie Voivodeship.

The region's name comes from one of the Europe's oldest mountain ranges – the Świętokrzyskie (Holy Cross) Mountains with its highest peak Łysica (“the Bald Mountain”) – (614 m above sea level). The Vistula River from the east and the Pilica River from the west are the natural borders of the region.

Świętokrzyskie is one of the cleanest of all the Polish regions! 66% of its total area is covered by legally protected natural areas.

2000 years ago, the process of iron smelting in blast furnaces, called “Dymarki”, originated at the foot of the Świętokrzyskie Mountains. It enabled supplying the whole Europe with that valuable resource. During XV century, the silver and copper mining and metallurgy industries developed here, creating a historic cluster – the Old-Polish Industrial Region. In 1782, 27 enormous blast furnaces were used there (in Poland there were 34).

The example of traditional industrial activity of the region's inhabitants is the Krzemionki Prehistoric Stripped Flint Mining Region (near Ostrowiec Świętokrzyski). The complex of stripped flint mines is the biggest in Europe and it is very well preserved. Its historic value is comparable to the megalithic Stonehenge. This is the only place where stripped flint “the stone of optimism” occurs. The jewelry made of flint is today worn e.g. by Victoria Beckham, Robbie Williams, Boy George and members of the Royal Swedish Family. The Krzemionki mines were added to the UNESCO World Heritage List in 2019.

The region is well-known for health&well-being tourism provided by spa resorts located in the cities of Busko-Zdrój and Solec-Zdrój. They are popular thanks to its rich mineral water deposits and have been visited by guests from Poland and abroad for more than 200 years. The area is also famous for the locally produced, natural mineral water “Buskowianka” – one of the most recognizable products from Świętokrzyskie.

Due to its geological structure (the oldest European mountain-chain), the region is extremely popular among geology enthusiasts. All fascinated by the subject, regardless of their age, will find here something for themselves in, e.g. Wietrznia Nature Reserve – Geo-Education Centre in Kielce, Kadzielnia Nature Reserve, Archeological Museum and Nature Reserve in Krzemionki, all located on the Świętokrzyski Archeo-Geological Trail.

Kielce – the capital of the region, is an important center of cultural life in the Świętokrzyskie Voivodeship. The most popular cultural facilities include the Oskar Kolberg Philharmonic, the Stefan Żeromski's Theatre, Kielce Cultural Center, Kielce Dance Theatre and the Puppet's and Actor's Theatre “Kubuś” as well as numerous museums and art galleries. The architecture of Kielce is dominated by sacral monuments such as the Krakow Bishops' Palace, the Kielce's oldest Church of Saint Wojciech or the Cathedral Basilica of the Blessed Virgin Mary Assumption. Nowadays, the Krakow Bishops' Palace is a residence of the National Museum. It is Poland's best-preserved historical monument of architecture from the 17th century.

Świętokrzyskie is also an educational and sports center with 7 universities, 8 ski resorts, a modern football stadium, 9 sports halls and an athletics stadium. The sports pride of the region is, among others, the Łomża Vive Kielce team – the handball Polish champion and a successful participant of the Handball Champions League.

The undeniable advantage of Kielce is the variety of natural, green areas - numerous parks, squares, picturesque tourist routes and bicycle paths, which the city is very characteristic for.

One of the most beautiful bicycle routes in Poland – the Green Velo Cycling Trail runs through Świętokrzyskie. It is the longest marked cycle trail in the country. It leads through picturesque areas of Eastern Poland. The main route is 1885 kilometers long. The trail has been divided into 12 so-called "Bicycle kingdoms", which meet with great popularity.

The city center can be a quick base (starting point), while visiting the Świętokrzyskie Mountains. Within the city borders there are two of its peaks. The first one is the Telegraf Mountain, 408 meters above sea level, with a beautiful panorama of Kielce and a 500-meter long ski slope with a height difference of 100 m - classified as difficult. There are also hiking and bicycle trails leading through the peak of the mountain. The second viewpoint, which can be reached on foot from the Kielce city center is Karczówka. From the 341 meter hill you can see a sweep panorama of the Świętokrzyskie Mountains.

Świętokrzyskie is also an interesting example of culinary tourism. The local agritourism farms, bakeries, fish ponds, apple and plum orchards and apiaries can be a great journey for our senses, full of healthy and traditional flavors. The regional products, famous all over Poland, such as "Majonez Kielecki", wines from Sandomierz vineyards, plums from Szydłów, or sweet fudges from Opatów are especially worth tasting. While in Świętokrzyskie, one must also try the local cuisine, especially "zalewajka świętokrzyska" (a traditional potato soup from świętokrzyskie), dumplings with cabbage, regional cheeses and many others.

Świętokrzyskie is full of unique places which are worth visiting and accessible even during a one-day trip. Numerous monuments, tourist complexes, traditional local cuisine and mild, amateur -friendly mountains - all that makes Świętokrzyskie an ideal place for you.

**Welcome in the Świętokrzyskie Voivodeship!**

More information [www.swietokrzyskie.pro](http://www.swietokrzyskie.pro)