



**aiba**  
WOMEN'S WORLD  
**BOXING**  
CHAMPIONSHIPS  
Ulan-Ude 2019

# TEAM DELEGATIONS' HANDBOOK

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## WELCOME MESSAGE FROM AIBA



Dear Presidents and all the members of the AIBA Family,

It is my great pleasure to welcome you to the eleventh edition of the AIBA Women's World Boxing Championships, which will be held in Ulan-Ude, Russia on 3 - 13 of October. The light will shine on the women's best boxers who will compete for the title of World Champion.

AIBA has gone a long way in the development of women's boxing and we can all be proud of the significant progress made in our beloved sport. The event will crown the best women boxers in ten categories and we can all expect ten days of impressive boxing action. The championships will be a showcase of the skill, power and elegance of boxing and I look forward to experiencing the atmosphere in Ulan-Ude.

It is clear to me that today the AIBA Family stands stronger than ever, shoulder to shoulder in promoting and furthering our values and our great sport around the world.

Ulan-Ude will be another proving point of the growing popularity of women's boxing all over the world and I would like to wish all of the boxers, coaches, team officials and organizers a very successful 2019 Women's World Championships.

Sincerely yours,

Handwritten signature of Dr. Mohamed Moustahsane in blue ink.

Dr. Mohamed Moustahsane  
AIBA Interim President

## **WELCOME MESSAGE FROM RBF**



Dear friends!

Let me greet you in Ulan - Ude, the one of the finest cities of Russia!

We are proud and honored to host such a significant event in the world of boxing – Women's World Boxing Championships 2019!

It is a great opportunity for us to develop our beautiful sport in Russia. We expect a lot of people from all over the world to follow the fights and support the athletes. And we promise to do everything to organize the competition with the best possible level.

I wish all the boxers to have courage and strength, to show their best skills. Do everything you can to reach your goals and show your fans the highest level of boxing.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'Umar Kremlev', written on a white rectangular background.

Umar Kremlev

AIBA EC member

EUBC First Vice President

Russian Boxing Federation Secretary General

## 1. ORGANIZER

The Russian Boxing Federation (RBF), affiliated to the AIBA, has been entrusted with the organization of the AIBA World Boxing Championship Ulan-Ude 2019.

## 2. CONTACTS

Subject	E-mail
Registrations for Team Delegations	<a href="mailto:sport@aiba.org">sport@aiba.org</a>
Registrations for Extra Officials	<a href="mailto:sport@aiba.org">sport@aiba.org</a>
Visa & Entry Requirements	<a href="mailto:visa@rusboxing.ru">visa@rusboxing.ru</a>
Competition related	<a href="mailto:sport@aiba.org">sport@aiba.org</a>
Press & Media related	<a href="mailto:communication@aiba.org">communication@aiba.org</a>
Accommodations	<a href="mailto:loc@ulanude2019.com">loc@ulanude2019.com</a>
Transport	<a href="mailto:loc@ulanude2019.com">loc@ulanude2019.com</a>
Accreditation	<a href="mailto:loc@ulanude2019.com">loc@ulanude2019.com</a>

## 3. COMPETITION

### 1. Format

- AOB Competition format as per AIBA Technical and Competition Rules.
- Each bout will consist of Three (3) rounds of three (3) minutes each, one (1) minute of rest between rounds (provided that any change of rules occurs).
- There will be seeding, determined by the AIBA Seeding Commission.
- The Official Draw will be conducted by Swiss Timing through an electronic draw.
- Two rings will be used until the semi-finals phase.
- Medals will be distributed to the first 4 boxers of each weigh category (1 Gold, 1 silver, 2 Bronze).
- The Event and will be officiated by world class International Technical Officials and 3-star Referees and Judges, all appointed by AIBA.
- The Technical Delegate of the event is Mr. Wayne Rose (AUS).

## 2. Event Calendar

Event	Time	Place
<b>September 29 - 30</b>		
Cut Technician Course	09:00 – 17:00	Team's Hotel (Buryatia)
<b>September 30 to October 13</b>		
Accreditation	08:00 – 23:00 (Sept 30 – Oct 2) 10:00 – 20:00 (Oct 3 onwards)	Buryatia and Competition Venue
<b>September 30</b>		
Start of Arrivals – Teams		Team's Hotel (Buryatia)
<b>October 1</b>		
Sport entries check	09:00 – 12:00 13:30 – 16:00	Team's Hotel (Buryatia)
<b>October 2</b>		
Technical Meeting (incl. Integrity)	13:30 – 15:30	Buryat State University (Conference Hall)
Official Draw	16:00 – 18:00	Buryat State University (Conference Hall)
Opening Ceremony	19:00 – 20:00	Competition Venue
Welcome Dinner	20:30 – 22:00	Banquet Hall Crystall
<b>October 3 – 13 (except for October 11)</b>		
Daily Weigh-in	07:00 – 08:00	Team's Hotel (Buryatia)
<b>October 3: Competition Day 1</b>		
Preliminaries	13:00 – 16:00	Competition Venue
Preliminaries	18:00 – 20:30	Competition Venue
<b>October 3 to 9</b>		
Preliminaries	13:00 ~ 18:00 ~	Competition Venue
<b>October 10</b>		
Quarter-finals	13:00 ~ 18:00 ~	Competition Venue
<b>October 11 (change to 1 ring)</b>		
Rest Day		
<b>October 12</b>		
Semi-finals	13:00 ~ 18:00 ~	Competition Venue
<b>October 13</b>		
Finals and Medal Ceremonies	16:00 – 20:00	Competition Venue
Closing Ceremony	20:00 – 20:30	Competition Venue
Farewell Dinner	21:00 – 22:30	Grand Yurta Restaurant
<b>October 14</b>		
Departures		

## 4. REGISTRATIONS

### 1. Participating Boxers

Each National Federation is invited to register up to one (1) boxer in each weight category. All registrations need to be done through the AIBA database (<https://www.aiba-database.org/nf>).

### 2. Team Officials

Each Team Delegation can have the following number of Team Officials:

- 1 Team Manager
- 1 Team Doctor
- 1 Physiotherapist
- 1 AIBA Certified Team Cut Technician (or someone taking the AIBA Cut Technician course)
- AIBA-certified coaches with ringside access as per the table below:
  - 1 Boxer: Up to 3 Coaches
  - 2 – 4 Boxers: Up to 5 Coaches
  - 5 – 10 Boxers: Up to 8 Coaches

### 3. Seconds

Each Boxer will be entitled to be accompanied to the ring by up to three (3) Seconds. However, only two (2) Seconds may mount the apron of the ring and only one (1) may enter the ring.

- All boxers must be accompanied by at least one AIBA-certified coach (1, 2 or 3-star) at ringside during the bouts.
- All Seconds allowed to work in the Field of Play (FOP) must be AIBA-certified (1 to 3-star) coaches or AIBA-certified Cut Technicians.
- One of the 3 Seconds can be an AIBA-certified Team Cut Technician. People taking the AIBA Cut Technician Course in Ulan – Ude will be allowed to work as Team Cut Technicians during the competition.

*If any team does not have any AIBA certified coach (1,2 or 3-star), please raise this at the Technical Meeting so arrangements can be made with another team.*

Any national-level coach, who does not hold an AIBA coach certification, will be allowed access to the warm-up areas, but not to the FOP. These coaches need to be registered as Extra Officials.

#### 4. **Extra Officials**

Any additional people to the ones outlined in point 3, who the National Federation (NF) would send to work with the team, would be registered as an Extra Official.

The extra officials that do not have a direct link with the preparation of the team for the competition will not receive an accreditation. Decisions will be taken by AIBA on a case by case basis.

Each National Federation can register up to 6 additional persons within the following 2 categories:

- NF Representatives:
  - NF President
  - NF Secretary General
  - NF Executive Board Member
  - NF President Accompanying Guest
  - NF Administrative Staff
  
- Team Delegation Extra-Officials
  - National Coach of a registered boxer
  - Physiotherapist
  - Additional Doctor
  - Nutritionist

All Extra-Official registrations must be done through AIBA database in the dedicated section of the event.

Important: If you plan to bring more than 6 additional persons, please note that accreditations will not be provided. Please make sure to book tickets to attend the competition from the general public stands. (refer to ticketing section)

#### 5. **Process and deadlines**

All registrations for Team Delegations will have to be made through the AIBA database (<https://www.aiba-database.org/nf>).

Please find a summary table below:

<b>Registration for:</b>	<b>Done by:</b>	<b>Deadline</b>
<b>Boxers</b>	Each national federation through web registration on the database	Wednesday, August 14, 2019 (23:59 GMT)
<b>Teams officials</b>	Each national federation through web registration on the database	Wednesday, August 14, 2019 (23:59 GMT)
<b>Extra team officials</b>	Each national federation through web registration on the database (“extra-officials” section)	Wednesday, August 14, 2019 (23:59 GMT)
<b>Visa Support</b>	Each national federation in need of visa support should send an email to <a href="mailto:visa@rusboxing.ru">visa@rusboxing.ru</a>	Wednesday, August 14, 2019 (23:59 GMT)
<b>Arrival/Departure time of the delegation</b>	Each national federation through web registration on the database (“travel details” section)	Wednesday, August 14, 2019 (23:59 GMT)
<b>Accommodation request</b>	<p>1. Each national federation through web registration on the database (“room request” section)</p> <p>2. Each national federation sends room and invoice request by email to <a href="mailto:loc@ulanude2019.com">loc@ulanude2019.com</a></p>	<p>1. Wednesday, August 14, 2019 (23:59 GMT)</p> <p>2. Friday, August 30, 2019 (23:59 GMT)</p>
<b>Accommodation payment</b>	Each national federation makes a payment via bank transfer to the Organizer.	Friday, September 13, 2019 (23:59 GMT)
<b>Accommodation Photos</b>	Each National Federation sends high-resolution headshot photos by email to <a href="mailto:loc@ulanude2019.com">loc@ulanude2019.com</a>	Wednesday, August 14, 2019 (23:59 GMT)

## 5. SPORT ENTRIES CHECK

The Sport Entries Check will take place in the morning and afternoon on October 1, 2019.

The exact time of the Team's appointment will be communicated to the participating National federations by email.

Each Team delegation will appoint a maximum of (2) two responsible persons to attend the administrative check. AIBA recommends Team Manager and Team Doctor.

Each Team Delegation representative will have a 10-minute appointment with AIBA Officials to confirm the entry list of each delegation, the spelling of boxer's name, the uniforms and robes, National flag and Anthem and hand out below listed official documents to AIBA.

- Passports or national identification of each boxer
- AIBA Boxer's Record book of each boxer
- AIBA Medical certificate issued within the last 3 months for all boxers and accompanied by a copy of the annual original laboratory documentation for Hepatitis B, Hepatitis C, and HIV tests
- AIBA Anti-Doping Consent Form signed by each boxer
- Video consent form
- Image rights consent form signed by each boxer and team delegation member
- Uniform and robe (of each boxer, if different)

**Important:** Please note that the presence of your representative is mandatory. In the event a Team Delegation Representative does not show-up to its appointment, the entire Team will be not be able to take part in the competition.

## 6. VISA & ENTRY REQUIREMENTS

The Organizer will provide assistance regarding Visa if required

### 1. Contacts

Name: Ms. Evgenia Vakhrina

Tel: +7 495 637 06 58

Tel: +7 495 637 07 42

Tel: +7 915 228 00 75

Email: [visa@rusboxing.ru](mailto:visa@rusboxing.ru)

## 2. Process

The process for obtaining a visa for Russia will be as follows for visa & entry requirements:

The Russian Boxing Federation and the LOC will assist entry into the host country for all participants within the Team Delegation, providing that complete applications are submitted prior to **Wednesday, August 14, 2019**.

Russian Federation applies a different visa policy depending on your nationality. Please find below the different categories of passport holders. These details are provided for information only and are subject to change. In case of doubt, we advise you to consult the nearest embassy or to request a confirmation from the Organizer by email at [visa@rusboxing.ru](mailto:visa@rusboxing.ru)

### 1.1 Countries with no visa requirements

Passport holders of the following countries do not need a visa to enter Russian Federation for a stay of 90 days or less:

Azerbaijan, Argentina, Armenia, Belarus, Bolivia, Bosnia and Herzegovina, Brazil, Venezuela, Guatemala, Guyana, Grenada, Honduras, Israel, Kazakhstan, Kyrgyzstan, Columbia, Republic of Korea (South Korea), Cuba, Laos, Mauritius, Moldova, Mongolia, Nicaragua, Panama, Paraguay, Peru, El Salvador, Samoa, Serbia, St. Vincent And The Grenadines, St. Kitts And Nevis, Tajikistan, Thailand, Uzbekistan, Ukraine, Uruguay, Fiji, Montenegro, Chili, Ecuador, Republic of South Africa.

### 1.2 Countries with visa requirements and with a Russian Embassy

- European Countries (except Great Britain, Ireland, Turkey and Georgia, and not listed in the section 7.1 above) must apply for visa with visa invitation letters at the Russian Embassy of their country.
- Citizens of USA, Canada, Great Britain, Ireland, Turkey, Georgia, South American countries, Asian countries, Oceania countries and African countries (not listed in the section 7.1 above) must apply for visa with visa invitation letters at the Russian Embassy of their country.
- No landing visa will be provided.

The process for obtaining a visa to Russia is as follows:

1. Send a copy of valid passport to [visa@rusboxing.ru](mailto:visa@rusboxing.ru) (passport should be valid for a minimum of 6 months from the date of departure from the Russian Federation; passport copy should be readable, with a visible photo; file should be in .jpg (min size 200kb) or .pdf format)
2. RBF will liaise with the Ministry of Foreign Affairs and issue the Letter of Invitation or the visa support number.
3. Your Team Delegation will need to apply for the visa at the Russian Embassy.

### 1.3 Countries with visa requirements and no Russian Embassy

Passport holders of countries which do not have Russian Embassies have to apply for visas in advance in the neighboring countries that have a Russian Embassy. No landing visa will be provided.

The process for obtaining a visa to Russia will be as follows:

1. Send a copy of valid passport to [visa@rusboxing.ru](mailto:visa@rusboxing.ru) (passport should be valid for a minimum of 6 months from the date of departure from the Russian Federation; passport copy should be readable, with a visible photo; file should be in .jpg (min size 200kb) or .pdf format)
2. Inform the RBF about the name of the city or nearest Russian Embassy where you are going to apply for the visa.
3. The RBF will liaise with the Ministry of Foreign Affairs and issue the visa support (telex) number.
4. Your Team Delegation will need to apply for the visa at the Russian Embassy

## 7. TRANSPORTATION

### 1. International Transportation

All travel information related to the Team Delegation must be entered in the AIBA Database during the registration and additionally sent to the LOC at [loc@ulanude2019.com](mailto:loc@ulanude2019.com) .

The airport of arrival and departure will be **Baikal International Airport**.

Please note, if any teams have issues finding flights to Baikal International Airport, it is recommended to contact the LOC at [loc@ulanude2019.com](mailto:loc@ulanude2019.com). The LOC will help you find options to organize a charter flight out from Moscow or Vladisvostok from these two locations. An in-bound charter flight will be available from these two locations on September 29<sup>th</sup> and 30<sup>th</sup> and out-bound will be available on October 14<sup>th</sup>. The additional cost for the charter flight service is estimated to be \$400 - \$450 USD.

On arrival at the Ulan-Ude, **Baikal International Airport**, please look for the AIBA World Boxing Championships Welcome desk. Volunteers will be there to help you with you transport to your Hotel.

Deadline to submit arrival and departure information: Wednesday, August 14, 2019 (23:59 GMT)
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### 2. Local Transportation

Local transportation will be provided by the organizers:

- To/from Ulan - Ude International Airport Baikal
- Between the hotel and the competition venue
- Between the hotel and the training venue
- Between the Hotel and the Opening ceremony

In case of questions upon arrival at the airport in Ulan - Ude, please contact:

Name: Anatoly Muhamedchin

Tel: +7 924 755 5576

Email: [loc@ulanude2019.com](mailto:loc@ulanude2019.com)

## 8. ACCOMMODATION

### 1. Team Delegations Hotels

In order to fit all budgets, The LOC and AIBA have agreed to propose 3 different kind of Hotels to the Team Delegations. They are all located in the city center 1,6 - 4 km from the Competition Venue.



**EVENT MAP**



**HOTELS**



**1** Mergen Bator Hotel  
★★★★★  
Borsoeva st, 19b  
VIPs



**2** Hotel Reston  
★★★★  
Grazhdanskaya st, 20  
Media and extra officials



**3** Baikal Plaza Hotel  
★★★★  
Erbanova st, 12  
Competitions officials



**4** Buryatia Hotel  
★★★  
Kommunisticheskaya st, 47a  
Team delegations



**5** Ulan-Ude Park Hotel  
★★★  
Ranzhurova st, 11  
Team delegations



**6** Sagan Morin Hotel  
★★★★  
Gagarina st, 25b  
Team delegations

**LOGISTIC**

From hotel to Competition Venue

1	3,3 km.	9 min.
2	4,2 km.	11 min.
3	2,3 km.	7 min.
4	2,8 km.	8 min.
5	4 km.	11 min.
6	1,6 km.	5 min.

**Team Delegations are requested to submit their choice and needs through AIBA Database before: Wednesday, August 14, 2019 (23:59 GMT)**

## #1 – Buryatia Hotel ★★☆☆

**Name:** Buryatia Hotel

**Address:** Kommunisticheskaya, 47a, 670000 Ulan-Ude

**Website:** [www.buryatiahotel.com](http://www.buryatiahotel.com)

This Hotel will provide the following amenities:

- ✓ 3 meals a day
- ✓ Fitness center
- ✓ Sauna
- ✓ Free wi-fi

Also, this Hotel will be the main Athletes Hotel and will host:

- Main Accreditation Center
- Sport Entries Check
- Daily Weigh-Ins

### Room Rates (per person/night)

Types	Prices (full board)
Single Room Economy	75 €
Double Room Economy	60 €
Single Room Standard	80 €
Double Room Standard	65 €
Junior Suite	100 €
Executive Suite	120 €



## #2 – Ulan-Ude Park Hotel ★★

**Name:** Ulan-Ude Park Hotel

**Address:** Ranzhurova 11, 670000, Ulan-Ude

**Website:** [www.hotel-ulan-ude.ru](http://www.hotel-ulan-ude.ru)

This Hotel will provide the following amenities:

- ✓ 3 meals a day
- ✓ Free wi-fi

### Room Rates (per person/night)

Types	Prices (full board)
Single Room	85 €
Double Room	70 €
Junior Suite	105 €
Executive Suite	125 €



### #3 - Hotel Sagaan Morin ★★★★★

**Name: Sagaan Morin**

**Address: Gagarina 25, 670034, Ulan-Ude**

**Website: [www.sagaan-morin.ru](http://www.sagaan-morin.ru)**

This Hotel will provide the following amenities:

- ✓ 3 meals a day
- ✓ Fitness center
- ✓ Sauna
- ✓ Swimming pool
- ✓ Free wi-fi

#### Room Rates (per person/night)

Types	Prices (full board)
Single Room	90 €
Double Room	75 €
Junior Suite	115 €



## 2. Extra-Officials and Media Hotel ★★☆☆

Extra-Officials and Media are not allowed to stay in any hotel dedicated to Team Delegations. They will be accommodated in the Reston Hotel & Spa (4-Stars), located 10 mins away from the competition venue and 6 mins away from Team Hotels.

**Name: Reston Hotel & Spa**

**Address: Grazhdanskaya 20, 670032 Ulan-Ude**

**Website: [www.restonhotel.ru](http://www.restonhotel.ru)**

This Hotel will provide the following amenities:

- ✓ Sauna
- ✓ Swimming pool
- ✓ Fully equipped fitness center
- ✓ Free wi-fi

### Room Rates (per person/night)

Types	Prices (incl. breakfast)
Single Room	80 €
Double Room	60 €
Executive Suite	120 €





### 3. VIP Hotel ★★★★★

NF Presidents and Secretary Generals are welcome to book their stay at the VIP Hotel.

**Name: Mergen Bator**

**Address: Borsoeva 19b, 670000, Ulan-Ude**

**Website: [www.mergenbator.ru](http://www.mergenbator.ru)**

This Hotel will provide the following amenities:

- ✓ Sauna
- ✓ Swimming Pool
- ✓ Fitness club
- ✓ Free wi-fi

#### Room Rates (per person/night)

Types	Prices (incl. breakfast)
Single Room	120 €
Double Room	90 €



#### 4. **Reservation and Payment conditions**

- Please contact Mr. Vladimir Irincheev of the LOC at [loc@ulanude2019.com](mailto:loc@ulanude2019.com) to request your accommodation invoice indicating the chosen Hotel, number of rooms and type of room. The invoice must be requested by August 30, 2019 and the payment must be done before traveling, due September 13, 2019 by bank transfer to the LOC bank account.
- All Team Delegations must pay their full room charges as above for the entire Championships Period (October 3 - 13) by September 13, 2019.
- **LOC will not be able to accept any other form of payment on site.** For special requests please contact the LOC directly.
- Team Delegations will not be able to receive accreditation cards and hotel room keys if the payment is not made in full.

### **9. COMPETITION VENUE**

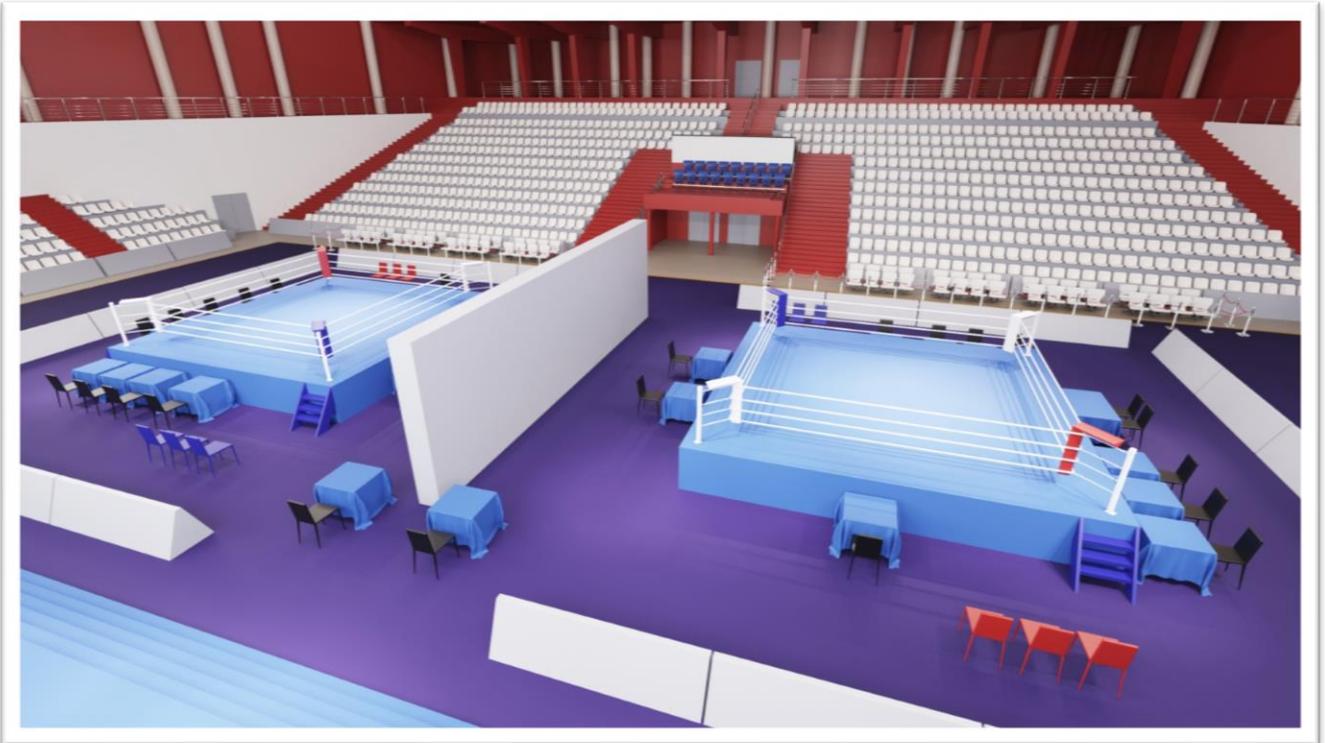
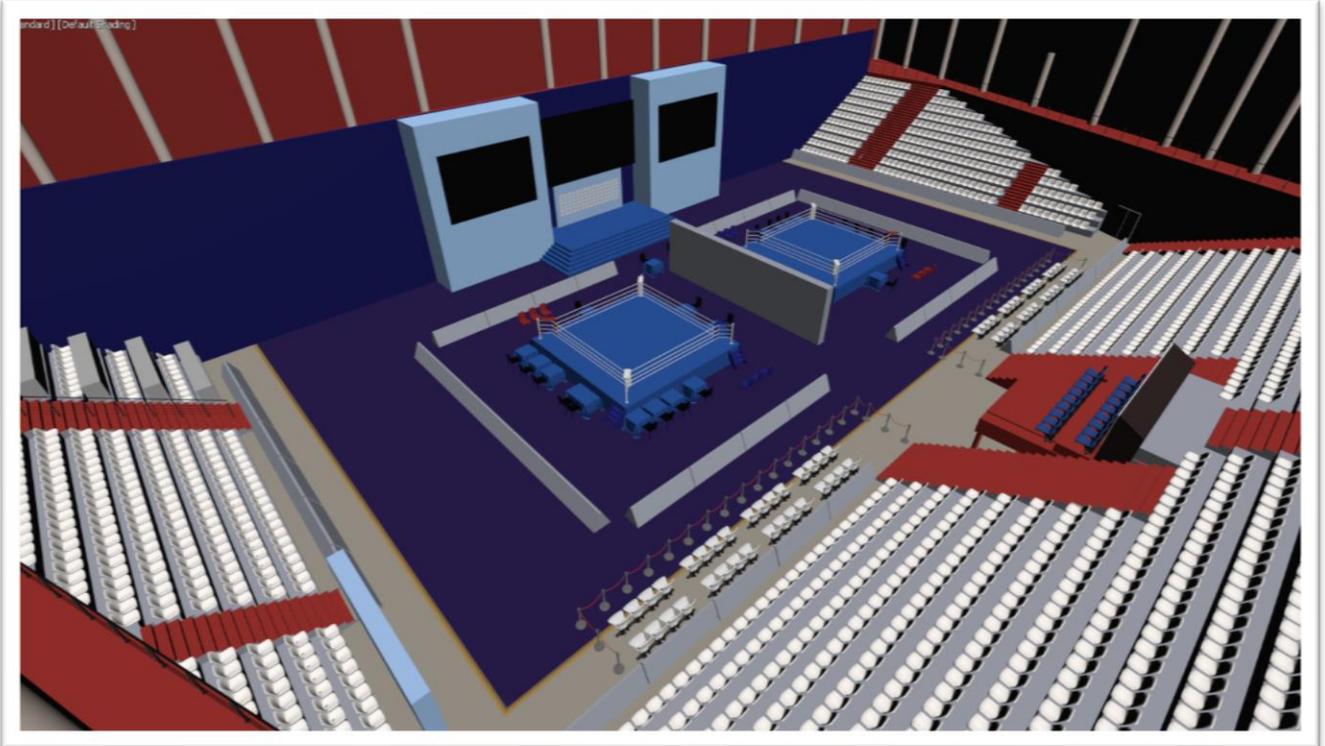
**Name: Sports Complex**

**Address: 2 Ryleeva st. ZIP Code: 670002**

**Capacity: 2500 seats Press stand capacity 40**

**seats VIP Box stand capacity 64 seats**





## 10. TRAINING VENUE

**Name: Sports Complex**

**Address: 2 Ryleeva st.**

**Capacity: Size: 15 x 40 meters x 2**

The training Hall is located distance from each hotel:

Distance to Team Hotel: 2,8 km maximum time:10 minutes

Distance to AIBA Hotel 2,3 km maximum time: 10 minutes

Distance to VIP Hotel: 3,3 km maximum: 12 minutes

Distance to Media Hotel: 1,6 km maximum time: 5 minutes

## 11. EQUIPMENT & UNIFORMS

- For all bouts, Boxers must wear a uniform that complies with the AIBA Technical & Competition Rules. The uniform can be of national colors.
- For the first time in AIBA Competitions, Boxers can wear a robe. The robe must comply with the AIBA Technical & Competition Rules.
- For the first time in AIBA Competitions, Boxers can wear the Hijab. The Hijab must comply with the AIBA Technical & Competition Rules.

## 12. ACCREDITATIONS

### 1. For Team Delegation Members

All Team Delegation members who are registered for the Championships through the AIBA database within the deadline will receive their accreditations on site after the accommodation payment has been approved by the LOC.

National Federations must send high resolution headshot photos of all team delegation members to [loc@ulanude2019.com](mailto:loc@ulanude2019.com) by **Wednesday, August 14, 2019 (23:59 GMT)**. Photos must be sent in .jpg format and labeled as follows Country\_Firstname\_Lastname.

The main accreditation center will be in the HOTEL Buryatia and will be open from September 30 – October 2. After these dates, the accreditation center will only be opened at the Sports Complex.

### 2. For Extra-Officials

Each National Federation has the possibility to request up to six (6) additional accreditations for its internal needs, by filling out the dedicated section in the AIBA Database no later than Wednesday, August 14, 2019 (23:59 GMT).

National Federations must send high resolution headshot photos of all team delegation members to [loc@ulanude2019.com](mailto:loc@ulanude2019.com) by **Wednesday, August 14, 2019 (23:59 GMT)**. Photos must be sent in .jpg format and labeled as follows Country\_Firstname\_Lastname.

### 3. For Media and Press

- International media: Registrations will be open on AIBA Website until Wednesday, August 14, 2019 (23:59 GMT).

If you need further information, please contact: [sport@aiba.org](mailto:sport@aiba.org)

- Russian media: Registration will be open on the event website on dates [website link](#)

If you need further information please contact:

- Presse (print, online): [press@rusboxing.ru](mailto:press@rusboxing.ru) \_AND [communication@aiba.org](mailto:communication@aiba.org)
- Media accreditation (radio, TV and website with audio/video coverage): [press@russboxing.ru](mailto:press@russboxing.ru) AND [communication@aiba.org](mailto:communication@aiba.org)

## 13. TICKETING

Ticket sales are open under the following link: [www.ulanude2019.com](http://www.ulanude2019.com)

You will have an opportunity to acquire tickets for one, several days or subscriptions on the entire period of the Championship.

## 14. WELCOME DINNER

After the Opening Ceremony team delegation members are invited to the opening dinner at banquet hall Crystall (October 2, 20:30).

## 15. TECHNICAL VIDEO RECORDING

Each National Federation will be allowed to record the bout of their boxers with up to one camera per ring. Two specific locations in the stands will be reserved to these technical areas. Recordings are for technical purposes only and not for public broadcasting, social media included. The access to the two technical video recording areas will be conditioned to the signature of a disclaimer in this regard. You

will find it attached at the end of this Handbook. The team manager of each National federation must bring the signed copy at the general technical meeting.

## **16. IMAGE RIGHTS**

AIBA has appointed a special Host Broadcaster that will be in charge of the filming of promotional images of boxers before and during the Championships. By participating in the Championships, each Boxer agrees to release his/her image rights to AIBA for promotional purposes.

Your Team Delegation's representative will need to submit at the Sport Entries Check the Image Rights Consent Form signed by each boxer and team delegation member.

## **17. MEDICAL CARE**

The LOC will provide first-aid during the entire Championships Period to any participant who suffers from a sports injury contracted during the Championships.

## **18. INSURANCE**

All participants are requested to get their own travel, medical, and liability insurance.

## **19. CLOSING EVENT & AWARDS**

A Closing event will be held at the end of the Championships, after the last boxing session. Several awards, including the best boxer trophy of the AIBA World Boxing Championships Ulan-Ude 2019 will be distributed after the last boxing session.

## **20. AIBA CUT TECHNICIAN COURSE**

AIBA will organize a Cut Technician Course prior to the Championships. All AIBA Certified coaches (1,2 or 3-star), doctors and physiotherapists are eligible to take this course.

Dates: September 29 - 30  
Location: Buryatia Hotel  
Content: Professional Hand wrapping, cut prevention and treatment  
Price: 300 USD

Candidates who successfully pass this course will be able to work as Team Cut Technicians during AIBA Women's World Boxing Championships Ulan-Ude 2019.

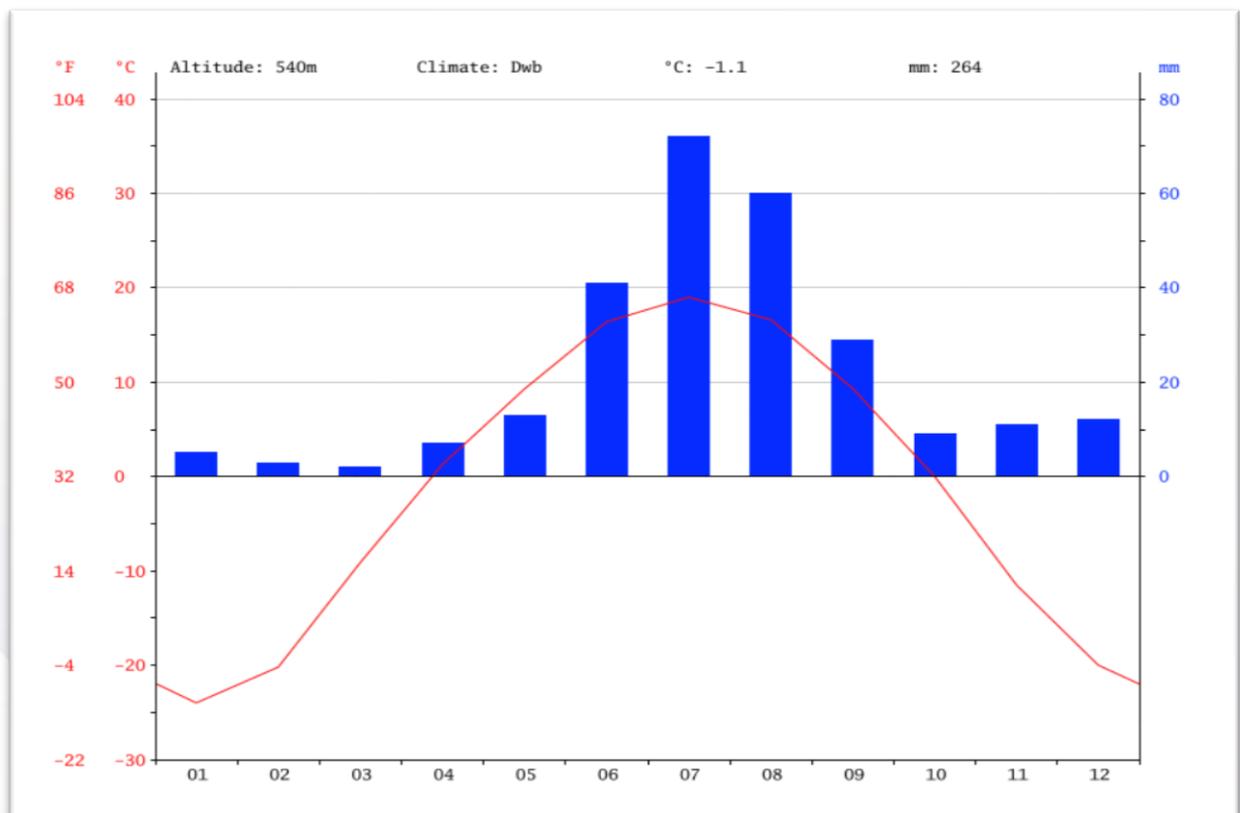
Registration will be done through the AIBA database; more information will be communicated in a separate letter.

## 21. Climate

Ulan-Ude is known for its sharply continental climate with a big range difference of annual and daily temperatures, inequitable distribution of precipitation during the year, cold winters and hot summers. Winter in Ulan-Ude has many sunny days, and the temperature is rather low. The frosty weather is not unbearable because of the dry air.

Severe winters are followed by late and dry springs with drops of temperatures below zero in the nighttime. The true spring starts at the end of March, and the first greenery appears in late April.

Summers are short, dry in the beginning and have more rain in July-August. The summer heat reaches its peak at noon, while mornings and evenings are rather cool and nice. The average temperature of the warmest month, July, varies between +15 and +20 °C, and the absolute maximum is +30 – +38 °C. Autumns are rather warm and prolonged. The autumn temperatures in Buryatia are higher than in the European part of Russia. The most notable feature of the Buryat climate is the big amount of sunny days which account for 1900-2200 hours of sunshine, and, thus, Buryatia has even more sunshine than some southern regions of Russia. In comparison, the resort area of Abastumani in the Caucasus has 1994 hours of sunshine, and the Riga coastline has about 1839 hours of sunshine a year.



## 22. THE HOST CITY

Ulan-Ude is the capital of the Republic of Buryatia, which is located in the southeast of Siberia, 5532 km from Moscow, in the south it has a border with Mongolia.

It was founded in 1666 by Cossack pioneers who were mastering the Siberian lands, as a Cossack winter residence on the right bank of the Selenga River at the confluence of Uda into it. In

1678 it is known as Udinsky prison. In 1735 it was named Verkhneudinsk. In 1775 Verkhneudinsk received the status of the city and the coat of arms in accordance with the Charter of liberties to the cities of Catherine II. July 27, 1934 the city was renamed Ulan-Ude (in translation from the Buryat language - "Red Uda").

An essential feature: 327 sunny days a year, which is comparable to the Caucasus, Central Asia and even some southern seashores.

Ulan-Ude has 16 twin cities, which also include two Korean cities: Anyang and Yongwol and two Japanese: Yamagata and Rumoi

The city's territory -377 sq.km.

Population – 430 thousand people (2016)

The distance: to Moscow – 5320 km

to Seoul – 2190 km

to Tokyo – 3100 km

There are 164 hotels for 3270 beds in Ulan-Ude. Among them there are hotels 1 to 5 stars, hostels and guest houses. The price ranges from 500 rubles (about \$8) to 28,000 rubles (about \$480) per day. The average check in the hotel ranges from 1800 to 3500 rubles per person.

Lake Baikal is a UNESCO World Heritage Site. Ulan-Ude is two hours away by car from Lake Baikal (120 km). And this is the most beautiful eastern and southern sandy coast of the lake. The length of some sandy beaches reaches 6 km.

Baikal is beautiful and unique in any season: in the summer - fishing that guarantees a rich catch, because in the lake there are more than 50 species of fish; Amazing depth, rich underwater world, crystal clear water is ideal for fans of diving; Numerous tributaries of Lake Baikal will not leave indifferent fans of white water rafting. Rivers are enough for everyone, because more than 300 large and small rivers flow into the lake; Enjoy the scenery by swimming on the water's surface of the lake.

Life does not cease at Lake Baikal in winter: the New Year's Eve, ice safaris, winter ice fishing, extreme snowmobile riding, unhurried skating, sledging from Baikal husky, bathing in hot mineral springs and a Russian bath diving into the ice-hole.

While traveling on Lake Baikal on the ship you can see the largest island of Olkhon, which is a sacred place for the Buryats.

Baikal saturates everyone with incredible energy, charged with it, you can long live memories and a desire to return to it again.

The Buryats - the indigenous people of the Republic of Buryatia, belonging to the Mongolian group. For several centuries the Buryats have lived side by side with the Russians, being a part of the multinational population of Russia. At the same time, they managed to preserve their identity, language and religion.

In the ethnocomplex "Steppe nomad" in the village of Atsagat, which is 50 km from Ulan-Ude, you will be able to get acquainted with the traditions, culture and way of life of the Buryats, play national

games, live in real felt yurts, learn the craftsmanship of real juicy buzas and flavored lamb, stewed in coals, plunge into the rural life of modern Buryats, patronize horses, camels and other domestic animals, make hiking and horseback riding in holy places, in Datsan, and also take part in educational excursions.



### **Ivolginsky datsan**

Ivolginsky datsan is the center of Russian Buddhism, which is located 30 km from the city. The largest in our country Buddhist monastery and temple complex, which includes temples, dugans, a greenhouse with the sacred Bodhi tree, the gallery of Asian peoples' art "Erkhim Darkhan", the Palace of Hambo Lama Itigelov - where the imperishable body of one of the outstanding Buddhist devotees Dashi-Dorzho Itigelov. Being already a very old man, in 1927 he sat in the lotus pose and died, having instructed his disciples to bury him, but got out of the grave when 70 years had passed. The disciples carried out his instructions and today, 90 years after the "death", Lama Itigelov still sits in a lotus position in his palace and shows signs of a living person. This phenomenon is evidenced by many features. They are the elasticity of the skin, the plasticity of the joints, the body temperature is 34 degrees.

### **Semeyskie (Old Believers)**

Old Believers, or, as they are usually called in Buryatia, "semeyskie" – are a large ethno-confessional group of the Russian population. Life and culture of the family differ ethnic color: folklore, rituals, clothing, cuisine. The main feature of the Old Believers is the ineradicable need for beauty, outwardly expressed in the brightness and riot of colors. They try to have brightness in everything: in clothes, ornaments, household utensils, woodcarving and painting houses.

The Old Believers' culture was proclaimed "a masterpiece of the oral and intangible heritage of mankind" and included in the UNESCO list in 2001.

Here you can visit one of the most beautiful villages of Russia - Desyatnikovo.

## Cuisine

Lunch will be available in numerous restaurants or cafes. In terms of the number of places Ulan-Ude ranks seventh among the cities of Russia. The cuisine of different nations of the world is widely represented here, but it is impossible to fully immerse yourself in the world of Buryat culture and life without trying local dishes. Here you can try the national Buryat dish - buzy, in local restaurants you will be served a rich boochler, put on the table in front of an expensive guest salamat, pour kumys, treat Baikal omul.

## Souvenirs

You can buy souvenirs that reflect the diversity, color and wealth of the Buryat land: statuettes and dolls made of wood, metal and even horns, which reflect the local color with their drawing, national clothes; Ornaments and souvenirs from local stones - beads from real charoite, amber, paintings from mineral Baikal stones, vases, statuettes, caskets of jade; Ceramic products - dishes, souvenirs in the form of local animals; Sable skins; silver jewelry; Boots and felt boots; Gifts of the Siberian taiga: pine nuts, cowberry in honey, jam from blueberries and blueberries.

You can pay for purchases and services either in cash or with cards of various payment systems such as Visa, Master Card, American Express, etc.

## Ulan-Ude – Multiconfessional City



Historically the spiritual sphere of the society in Buryatia has been formed under the mutual influence of Buddhism, Orthodoxy (Cristianity), Shamanism and Old Belief. Such mutual enrichment contributed to a special phycological climate in the republic, where all the cultures and religions have equal rights. The social and political situatuon is traditionally considered to be peaceful in Buryatia.

In 1917 there were 44 datsans (Buryat temples), 144 small temples, 211 orthodoxy churches, 81 the Old Beliver's praying houses, 7 Jewish synagogues, 6 Muslim mosques, 5 baltic communities

and 1 Catholic Church on the territory of Buryatia. By the middle of the 30s of the XXth century they all were closed, and only during last decades the restoration works began.

Today 14 Buddhist datsans, 12 Buddhist communities, 17 Orthodox churches and parishes, 7 Old Beliver's communities, 1 Catholic Church and more than 20 religious sects, trends and other autonomous confessions are available in the republic. Nowadays, when there is a great interest to religion, many tourist agencies include visits to Ivolginsky datsan, the centre of Buddhism in Russia, in their excursion programs.

## Theatres



Ulan-Ude of the third millenium is one of the theatrical centres. Today the actors of the leading theatres of the region and the country give their spectators a joyful meeting with the world of beauty. You can visit in Ulan-Ude Buryat State Academic Opera and Ballet House after Gombo Tsydynzhapov,

People's artist of the U.S.S.R., State Academic Buryat Drama Theatre after Khotsa Namsarayev, the first professional theatre of Buryatia – State Russian Drama Theatre after Nikolay Bestuzhev.

Buryat Puppet Theatre "Ulger" is one of the youngest ones among the state theatrical companies, and it is the only theatre for children and youth in the republic. In 1980 Youth Theatre was founded, which successfully has become a famous avanguard company and one of the leaders of the new independent Russian theatres' movement.

The spectators of the popular ensemble "Baikal" always enjoy the audience with the brilliant original skills of its dancers and singers. Last year the ensemble got its second birth: State National Dance and Song Theatre "Baikal" was formed (State Dance Theatre "Badma Seseg", State Dance and Song Theatre "Baikal", and folk orchestra after Chingiz Pavlov of Buryat State Broadcasting Company were combined together).

State Circus of the Republic of Buryatia has recently gained the popularity among the audience. The first alumnae of the National circus school formed the crew in the beginning of the new century. Nowadays many countries of the world acclaim the performances of acrobates, clowns, gymnasts, magicians, actors of an original genre and a famous "gutta-percha" girls band who won a lot of prizes on the prestigious international festivals.

## **Museums**

Ulan-Ude is fairly considered to be a cultural centre of the region because there are museums where you can learn the history of the republic and its capital. Among them are the following:

The museum of History of Buryatia is one of the oldest ones in Siberia. It was founded in 1923, and since 1958 it has taken the name of a famous Buryat ethnograph M.N. Khangalov. The collection of the museum includes more than 100 thousands of exhibits, including the most interesting materials on archeology and religious cults. The unique collections of the Buddhist art, manuscripts of oriental written language, rare ancient books and a priceless rarity – the only one "Atlas of Tibetan Medicine" in the world.

The Republic Fine Arts Museum after Sampilov has a complete collection of works of the Buryat painting. The pictures of Ts.S. Sampilov, the founder of Buryat professional art, are the base for these funds. At present paintings, graphics, sculptures, applied arts and artful things made by the local masters are represented in museum.

Museum of Nature of Buryatia was founded in 1979. It has become one of the leading natural and science museums in the country and a regional centre of an ecological education. The unique collection which reflects the entire Baikal region's diversity is displayed there.

The Open Air ethnographic museum of Transbaikal People's, one of the most unique museums, is situated in the suburbs of the Buryat capital. Historical settlements, consisting of 6 expository complexes (sections) are represented in the museum. The succession of their location( arrangement)

corresponds to the region's chronological periods – there are the Archaeological complex, the Evenk complex, the Buryat complex, The Predbaikalsky (West Buryat) complex, The Zabaikalsky (East Buryat) complex, The Old Resident's Russian (The Cossacks) section, The Old Beliver's complex and the Urban complex ' Old Vechneudinsk'.





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